Beautiful fall weather drew large crowds to the 2019 Upton Heritage Day on Saturday, September 28. Sponsored by United Parish Church, Upton Town Library, a town-wide yard sale sponsored by United Parish Church, craftpeople, vendors, entertainment, fire department displays and food. Town Crier photographer Harry Platcow snapped some photos from the event.

To view more photos of the 2019 Upton Heritage Day by Harry Platcow visit Facebook Town Crier Publications.

Upton Fire Department Recipient of Two Grants Totaling Nearly $100,000

By Michelle Sanford
Staff Reporter/Columnist

The Upton Fire/EMS Department recently learned it received two grants; one administered by the Massachusetts Department of Conservation and Recreation (DCR) and the other from Federal Emergency Management Agency (FEMA’s) Assistance to Firefighter Grants program totaling $94,700.

During a September 17 Board of Selectmen’s meeting, Upton Fire Chief Mark DiFronzo came before the Board to discuss the 2018 Volunteer Fire Assistance Grant that is administered by the DCR.

The program is funded through the United States Department of Agriculture Forest Service in conjunction with the Cooperative Fire Protection Program. “Our piece comes through the Massachusetts Department of Conservation and Recreation Bureau of Forest Fire and Fire Control and Forestry,” explained DiFronzo. “It happened while I wasn’t even Chief of the Department. The guys took it upon themselves to apply for the grant.”

The $1,900 grant funding is being used to replace the water tank for Tanker 2 along with associated equipment.

According to grant guidelines, the Department must fund the full cost of the equipment and is then reimbursed 50 percent of those costs.

The total cost for everything is $3,800. As a result, DiFronzo utilized the Department’s share of their costs, the other $1,900, from its Forest Fire Account.

“We’re very lucky to get this money.”

The $1,900 grant funding is being used to replace the worn-out dump tank on Tanker 1 and purchase a dump tank for Tanker 2 along with associated equipment.

To view more photos of the 2019 Upton Heritage Day by Harry Platcow visit Facebook Town Crier Publications.

Upton Pack 132 Cub Scouts manned a booth on the Town Common. They are, l-r: Noah Tedford, Earmorn Ward, Dylan Godwin and Donovan Bennett.

4-H Club members put on display at the Upton VFW. The youngsters, l-r, are Dylan McCorkery, Susan Barrows, Avea Snyder, and Madeline Cowes.

In the photo on the right, young Dillon White enjoyed riding Jersey Bay with the assistance of trainer Isabella Bole.

In the photo on the left, a llama enjoys chewing his cud at the Upton Heritage Day.

Readers of all ages enjoyed browsing and buying books at the Upton Town Library book sale.

By Michelle Sanford
Staff Reporter/Columnist

The Upton Fire/EMS Department recently learned it received two grants; one administered by the Massachusetts Department of Conservation and Recreation (DCR) for $1,900 and the other from Federal Emergency Management Agency (FEMAs) Assistance to Firefighter Grants program totaling $94,700.

During a September 17 Board of Selectmen’s meeting, Upton Fire Chief Mark DiFronzo came before the Board to discuss the 2018 Volunteer Fire Assistance Grant that is administered by the DCR.

The program is funded through the United States Department of Agriculture Forest Service in conjunction with the Cooperative Fire Protection Program. “Our piece comes through the Massachusetts Department of Conservation and Recreation Bureau of Forest Fire and Fire Control and Forestry,” explained DiFronzo. “It happened while I wasn’t even Chief of the Department. The guys took it upon themselves to apply for the grant.”

The $1,900 grant funding is being used to replace the water tank for Tanker 2 along with associated equipment.

According to grant guidelines, the Department must fund the full cost of the equipment and is then reimbursed 50 percent of those costs.

The total cost for everything is $3,800. As a result, DiFronzo utilized the Department’s share of their costs, the other $1,900, from its Forest Fire Account.

“We’re very lucky to get
Networking Group for 50+ Job Seekers

Funded by the Massachusetts Executive Office of Elder Affairs, managed by Massachusetts Councils on Aging and supported by the AARP; this is a unique job seekers networking and training group program to assist people in the 50+ demographic looking for a new job, a new career, re-entry to the workforce, or a second act career. Meetings are held at 16 locations at various times, including at the Hopkinton Senior Center, 28 Mayhew St., the first and third Monday of the month at 1:30 p.m. Registration required by calling 508-497-9730.

We make it EZ to choose a great checking account!

2.00% APY* on balances of $0.01-$9,999!

*EZ Interest Checking is a variable tiered rate checking product and subject to change at any time. An Annual Percentage Yield (APY) of 2.00% will be paid on the balance up to the first $9,999, and 0.10% on balances greater than $9,999. Minimum opening balance of $0.01. Annual Percentage Yield (APY) is current as of 9/23/2019. Fees could reduce earnings. Additional terms and conditions may apply.

Ashton Mill

Nestled along the banks of the Blackstone River, Ashton Mill in Cumberland, R.I., stands today as a reminder of the Blackstone River Valley’s industrial power. Built in 1867, a number of companies have operated within its walls, employing thousands of people over time who chose to call the valley their home.

On Sunday, October 6, from 10 a.m. to 3 p.m. Park Ranger Dave Lewis of Blackstone River Valley National Historical Park will be sharing some of the key moments of the mill’s 20th century history at the Blackstone River State Park barn, 1075 Lower River Rd., Lincoln, R.I. He’ll be talking about the Fiberglas years, from 1941 to 1983, covering everything from heists and wartime production to strikes and the mill’s contribution to space travel.

Former employees of Owens-Corning Fiberglas who worked at the mill are especially encouraged to come to the event! Those who cannot attend but want to share a story should contact the Rangers at BLRV_info@nps.gov or 401-428-3816.

Images and documents are especially important to helping tell these stories. Park Rangers will have a scanning station if visitors would like to bring a few pictures to share.

Medicare Open Enrollment

Medicare Open Enrollment runs from October 15 to December 7. Every year, Medicare Part D and Medicare Advantage (HMO, PPO) plans can change their premiums, co-pays, deductibles, list of drugs covered and preferred pharmacies. In the case of Medicare Advantage Plans they can also drop providers from their Plan. It’s important to review available options every year. Drug plans also change and should be checked.

SHINE Counselors can help explain plan changes and options. Numerous update meetings have been scheduled in the area, including Thursday, October 31 at the Mendon Senior Center, 62 Providence St., register at 508-478-6175; Thursday, October 24 at 10 a.m. at the Milford Senior Center, 60 North Bow St., register at 508-473-8334; and Thursday, November 7 at 10 a.m. at the Grafton Senior Center, 30 Providence Rd., register at 508-839-5335.

For more information, visit SHINEMA.org or call 1-800-243-4636.

Mendon residents can make an appointment with volunteer Larry Goldman on the MyMedicare link. Having this account will allow SHINE to assist individuals more comprehensively with the 2020 choices. Information on signing up is available on SHINEMA.org and clicking on the MyMedicare link.

Medicare Open Enrollment runs from October 15 to December 7. Every year, Medicare Part D and Medicare Advantage (HMO, PPO) plans can change their premiums, co-pays, deductibles, list of drugs covered and preferred pharmacies. In the case of Medicare Advantage Plans they can also drop providers from their Plan. It’s important to review available options every year. Drug plans also change and should be checked.

SHINE Counselors can help explain plan changes and options. Numerous update meetings have been scheduled in the area, including Thursday, October 31 at the Mendon Senior Center, 62 Providence St., register at 508-478-6175; Thursday, October 24 at 10 a.m. at the Milford Senior Center, 60 North Bow St., register at 508-473-8334; and Thursday, November 7 at 10 a.m. at the Grafton Senior Center, 30 Providence Rd., register at 508-839-5335.

For more information, visit SHINEMA.org or call 1-800-243-4636.

Mendon residents can make an appointment with volunteer Larry Goldman on the MyMedicare link. Having this account will allow SHINE to assist individuals more comprehensively with the 2020 choices. Information on signing up is available on SHINEMA.org and clicking on the MyMedicare link.

Mendon’s Oldest Fall Tradition Continues

Mendon’s oldest tradition continues on Saturday, October 12, when the Mendon Country Fair takes place behind the Blessing Barn on Rt 16, with free admission for all.

The Fair is presented by the Mendon Lions Club. Activities begin at 10 a.m. and include commercial and nonprofit groups, crafters, livestock, displays, free wagon rides and live music all day. Bring the children to enjoy the Kids Faire featuring magic shows, pony rides, face painting, petting zoo and pie eating contest for all ages.

Plenty of your favorite foods will be available at the Lions Club Food Court, including hot dogs, hamburgers, sausage and peppers subs and meatball sandwiches. Also French fries, fried dough, cold drinks, and coffee.

Parking will be available for a donation to the Mendon Boy Scouts.

Community business sponsors include Milford Federal, Tinio Corp, D.C.U. Banking, Imperial Cars, Charles River Bank, Amped Up Concert Promotions, Dean Bank, Willowbrook Restaurant and Southwick’s Zoo. All proceeds will support Lions charities and community projects. Rain date is Sunday October 13.
Brewer Bethel’s Rhino Conservation Passion Takes her to South Africa

By Michelle Sanford  
Staff Reporter/Columnist

It’s easy to hear the passion in Betsey Brewer Bethel’s voice when she speaks about rhino conservation. Brewer Bethel, one of the owners of Southwick’s Zoo and Executive Director of EARTH Ltd., has long been working to bring awareness to the endangered species and recently took her activism a step further this summer with a trip to South Africa. “They’re such magnificent animals,” said Brewer Bethel. Southwick’s Zoo currently houses two 10-year-old rhinos named Thelma and Louise. Presently, three of the five species of rhinos are listed as critically endangered, meaning they face an extremely high risk of extinction. One reason for this is habitat loss. The other reason is human greed as thousands are slaughtered by poachers for their horns. Approximately 7,000 rhinos have been killed in South Africa alone in the past decade for their horns, which are mainly made up of hair.

According to Brewer Bethel, the reasons behind the desire for the horns include symbols of status, uses in traditional medicine, as well as a belief their parts help cure cancer; which has never been substantiated. In July, Brewer Bethel and her husband Robert traveled to South Africa to participate in an undertaking that aims to keep the endangered animal from being killed—dehorning them. The thinking being with the horns removed, the poacher’s motive to kill is gone and the risk to the rhino is greatly decreased. The couple worked with a team from Project Rhino, a rhino conservation group.

In July, Brewer Bethel and her husband Robert traveled to South Africa to participate in an undertaking that aims to keep the endangered animal from being killed—dehorning them. The thinking being with the horns removed, the poacher’s motive to kill is gone and the risk to the rhino is greatly decreased. The couple worked with a team from Project Rhino, a rhino conservation group. The rhino is first sedated, blindfolded, and its ears muffed. From there, its horns are cut down as far as possible with a chainsaw. “They don’t feel any pain,” said Brewer Bethel, adding that after the sedation wears off, “they just get up and walk away.” Because the horns grow back, they need to be dehorned every two years.

Still, she said, regardless of the fact she understood she was helping the rhino, it was a very emotional experience. “In some of the pictures we took, I was trying to smile but I was actually crying. I was thinking, I can’t believe we have to do this to save them,” she said.

Part of her time there was also very uplifting as she spent days working with South African children educating them on wildlife conservation. Brewer Bethel says she’d love to go back and continue her work there.

On Sunday, October 6, EARTH Ltd. is hosting its Winos for Rhinos event. Beginning at 12 noon, attendees may explore the Zoo before heading to the Daniels Room at Galliford’s Restaurant for a wine tasting and appetizers at 2:30 p.m., followed by a talk from Dr. Simon Morgan, Co-founder and Executive Trustee of Wildlife ACT. A cash bar will also be available. Proceeds from the event will be donated to Project Rhino. Tickets are $35 and $30 for EARTH members. Tickets can be purchased online at Earthltd.org/WinosforRhinos.

Meet Your Match: Pet Adoption Event

Milford Federal Bank, 246 Main Street, Milford is hosting a match-making adoption event on Saturday, October 19, from 10 a.m. to 12 noon. Pawfect Life Rescue of Uxbridge, will be on hand with loveable dogs available for adoption, and in need of fur-ever homes. Milford Federal will donate a free doggie adoption kit that includes a wire crate; a leash & martingale collar; a toy and box of treats; one food and one water dish, and a 16.5lb bag of either puppy or adult dog food to each new adopting family during the event. Nothing says welcome home like a wagging tail and a pair of warm brown eyes.

Save a life and expand your family - just in time for the holidays!
BHC 2020 Calendar Photo Contest Winners

Blackstone River Valley National Heritage Corridor (BHC) has announced the winners of its 2020 Calendar Photo Contest and plans for a calendar release party and gallery show at its offices at the Linwood Mill, Whitinsville, on Thursday, November 7.

Judging of the photo submissions was done by volunteers of the Blackstone Heritage Corridor Photography Ambassadors. With the theme for the 2020 calendar being weather, the eight judges reviewed the photos which best met the required theme and were tasked with making the selections for the 12 months, plus the cover photo.

This year’s cover photo titled “Morning Has Broken” was taken by Linda J. Nelson of Sutton, at Old Holbrook Place on Manchaug Pond in Sutton. It will also be the photo for May.

Mary M. Silva of Northbridge took a photo newly fallen snow during a walk at Shining Rock Golf Course. It will represent January.

Another snow scene of the Grafton Country Store taken by Carol Dandrade of Uxbridge, was picked for February. She also had photo of low lying fog gracing a small farm in Sutton selected for the October picture.

Lightly snow covered tree branches decorating the Whitin Mill and sunsetting over the Mumford River at Douglas St. by Dean Ceratti of Northbridge represents March. He also captured a white rowboat with a bright green Christmas tree at Whittins Pond for December.

Debra Boucher of Woonsocket took a photo of a storm blowing in over the Blackstone River Bikeway which was selected for April.

Bob Evans of Northbridge used a drone camera to capture puffy storm clouds for the month of June. Another drone shot by Chris Blodou of Douglas of Wallum Lake was chosen for July.

The iconic Crook Point Bridge over the Seekonk River in Providence was the scene for MacGregor Kniseley’s photo, which captured the rich orange sky casting a shadow of the bridge on the river below it. It is used for August.

Kingshuk Bose of Lincoln snapped a photo of cloud formation reflected in the Blackstone River behind the Manville Dam. The photo will represent September.

The winding Blackstone River at Rice City Pond was accentuated by a blanket of white fog in the picture taken by Leon Dobby of Uxbridge for November.

The 2020 Blackstone Heritage Corridor calendar also features a timeline of historical weather events in the Blackstone Valley, along with black and white photos from the collection at the Worcester Historical Museum.

A Calendar Release Party and Gallery Show will be held at the BHC office, Linwood Mill, 670 Linwood Ave., Whitinsville, on Thursday, November 7, from 5 to 8:30 p.m. BHC will launch new gallery space in its office, and the show is being sponsored by Linwood Mill, LLC. The gallery will feature the 2020 calendar photos. The photos will be featured in a silent auction to proceed to benefit BHC. Purgatory Beer Co. will be open and will release a special beer for the event. Tickets to the Calendar Release Party are $10 and include a 2020 calendar. Tickets are available in advance at BlackstoneHeritageCorridor.org or at the door.

The Blackstone River Valley National Heritage Corridor 2020 Calendar will be available for sale starting November 7 at the office and at BlackstoneHeritageCorridor.org. For more information, call 508-234-4242.
Thank You!

We thank all of our corporate sponsors and community members who helped us raise over $200,000 in support of Milford Regional Medical Center!

---

**GOLD SPONSOR - $10,000**
Christine's Pallets
Milton CAT
Oliva’s Market & Catering, Inc.
Rockland Trust Bank
Strategic Benefit Advisors, Inc.

**SILVER SPONSOR - $5,000**
Atlantic Charter Insurance Co.
Bright Insurance Agency, Inc.
Mr. and Mrs. Arthur G. Caputo
Clafin Co.
CMIC Group
Community EMS, Inc.
Consigli Construction Co., Inc.
EasCare Ambulance Service
Green Site Services Group, Inc.
Hyman & Shirley Hill Foundation, Inc.
Kelley & Ryan Associates Inc.
Milford Federal Bank
Murphy & McManus, LLC
Orion Emergency Services, Inc.
Physician’s Insurance Agency of MA
Pure Storage
REC Hopkinton, LLC
Savers Bank
Trimek Healthcare Technologies
United Medical Systems, Inc.
Waters Corporation

**BRONZE SPONSOR - $2,500**
AAFCPA’s
Charles River Bank
Guerriere and Halnon, Inc.
Heaney & Small, LLP
Human Services Management Corporation/The Kozma-Littleton Family
UMass Memorial Health Care
UniBank

Over $200,000 raised for Milford Regional Medical Center
Opening Every Door to Take a Seat at the Table

Milford recently lost an inspirational woman who spent her life fighting for those who could not fight for themselves.

Former Milford Selectwoman and longtime Massachusetts State Representative, Marie J. Parente, died on September 20 at the age of 80. I had the honor of interviewing Parente for a profile piece on prominent women in our local towns last year. Although I grew up in Milford and knew of Parente as a political figure, it wasn’t until I sat down and spoke with her did I realize how influential she was in paving the way for women in local politics and how fiercely she fought to protect the rights of foster care children.

In 1972, a time when women in politics was an exception not the rule, Parente became the first female member of the Milford Board of Selectmen. For nine years she worked on the Board to attract business and industry to the town.

“I wanted to be part of helping to develop Milford,” said Parente in an interview with The Town Crier in March of 2018 of her successful run for a seat on the Board. “I was an ordinary person living in an ordinary town running an ordinary campaign, and I think people responded to that.”

Realizing that she wanted to help people on a broader level, in 1980 Parente ran, and won, a seat at a bigger male-dominated table – State House. She was re-elected to two more terms, despite retiring from teaching.

During my interview with Parente, she told me a number of stories of stepping into office as one of the few female State Reps – most often being the only woman present. Noticing how at the time there was only a male lounge for breaks, and females were not welcome. Of course, that was until she came along and didn’t bother knocking but just walked right in and sat down.

Along with being a mentor to women as more females were elected into office, Parente was also a strong supporter of the state’s foster care system. Having spent time in foster care herself as a child, she knew how it felt to be in a system that didn’t always take into account the children’s wishes.

Thanks to her efforts, the Legislature-passed numerous foster care laws, including laws to ensure foster siblings cannot be separated. Over 200 bills also bear her name, many of which were passed into law.

If that wasn’t impressive enough, in her “spare time,” Parente earned both her Bachelor’s Degree and Master’s Degree while she was a State Rep, taking advantage of her commuting time to study.

A loving wife of 75 years, mother, grandmother, great grandmother, advocate for foster care children and fighter for women in politics, Parente leaves a legacy that should inspire young women for generations to come.

So, I ask you readers to consider this – when faced with the next challenge where a door seems to be closed to you, think of Marie Parente and put on a big smile and just walk right in and sit down.

Ed. Note: Marie Parente, who was the State Representative for Mendon, 1980 Parente ran, and won, a seat at a bigger male-dominated table – State House. She was re-elected into office, Parente was also a strong supporter of the state’s foster care system.

Along with being a mentor to women as more females were elected into office, Parente was also a strong supporter of the state’s foster care system. Having spent time in foster care herself as a child, she knew how it felt to be in a system that didn’t always take into account the children’s wishes.

Thanks to her efforts, the Legislature-passed numerous foster care laws, including laws to ensure foster siblings cannot be separated. Over 200 bills also bear her name, many of which were passed into law.

If that wasn’t impressive enough, in her “spare time,” Parente earned both her Bachelor’s Degree and Master’s Degree while she was a State Rep, taking advantage of her commuting time to study.

A loving wife of 75 years, mother, grandmother, great grandmother, advocate for foster care children and fighter for women in politics, Parente leaves a legacy that should inspire young women for generations to come.

So, I ask you readers to consider this – when faced with the next challenge where a door seems to be closed to you, think of Marie Parente and put on a big smile and just walk right in and sit down.

Ed. Note: Marie Parente, who was the State Representative for Mendon, passed away on September 20. Her funeral was October 1. Arrangements were handled by Cordo-Ruggiero Funeral Home in Milford.

MONTHLY COMMUNITY MEALS

Free, nourishing meals offered monthly to all in the local community.

Second Tuesday 4:30-6 p.m. Dinner, St. Mary of the Assumption Parish, Small Hall, 27 Pearl St., Milford. Served by Food with Friends. 508-473-2000

Last Wednesday 4:30-6 p.m. Dinner, Trinity Episcopal Church, 17 Congress St., Milford. 508-473-8464 or office@trinitychurchmilford.org

5:30 p.m. Community Pasta Supper, St. Paul’s Episcopal Church, 61 Wood St. (Br.153), Hopkinton. Sponsored by the Hopkinton Christian Service Connection. 508-435-4336 or StPaulHopkinton.org

Every Thursday 11:30 a.m. - 12:30 p.m. Lunch, St. Mary of the Assumption Parish, Small Hall, 27 Pearl St., Milford. Sponsored by St. Vincent DePaul Society. 508-473-2000

Third Thursday 5:30 p.m. Supper, United Parish, 1 Church St., Upton. Donations accepted. Reservation three days ahead by calling 508-529-3192

Last Thursday 4:30-6 p.m. Dinner, Trinity Episcopal Church, 17 Congress St., Milford. Sponsored by First Methodist Church of Milford volunteers. 508-473-8464 or office@trinitychurchmilford.org

Last Friday 4:30-6 p.m. Dinner, Trinity Episcopal Church, 17 Congress St., Milford. Sponsored by the Hopedale Churches (Unitarian, Sacred Heart and United Congratulations to the Upton-Mendon Town Crier for their 25 years anniversary.

Advertising with us means supporting the community and recognizing the strength of smalltown USA.

The Mendon Upton Town Crier was established over 25 years ago. We are the good news newspaper. We know our readers and advertisers. Advertising with us means supporting the community and recognizing the strength of smalltown USA.
Free Shred Day at Charles River Bank

Charles River Bank (CRB) is providing free shredding services during their Community Shred Day on Saturday, November 2 from 10 a.m. to 1 p.m. at branch locations - 70 Main St., Medway; 2 South Maple St., Bellingham, and 1 Hastings St., Mendon.

Participants can bring sensitive documents to any of the CRB locations, and the Bank's document destruction company will professionally shred them onsite. It’s a great way to clear the clutter while protecting personal information.

“Security of personal financial information is always the highest priority at Charles River Bank. Offering a Community Shred Day provides secure document destruction service to our customers and neighbors who may not have access to a high volume shredder at home,” stated Charles River Bank President & CEO Jack Hamilton.

Everyone who participates will receive a free Charles River Bank pompom hat, while supplies last. Anyone visiting a CRB office on the November 2 Shred Day can enter to win a $500 Wachusett COW Card. The contest winner can then shred the trails of Wachusett Mountain this winter with family or friends. Questions about Community Shred Day can be directed to 508-533-8661 or info@charlesriverbank.com.

Donors of All Blood Types, Races and Ethnicities Needed

The American Red Cross urges people of all races and ethnicities to give blood or platelets to help increase the diversity of the blood supply.

The vast majority of blood types fall into one of the major blood groups. However, for patients with rare blood types or those who receive regular blood transfusions, blood must be matched closely - beyond the primary A, B, O and AB blood types – to reduce the risk of developing complications from transfusion therapy. The best match may be someone of the same racial or ethnic group.

Appointments can be made by downloading the free Red Cross Blood Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

As a thank-you, those who come to give blood or platelets during the month of October will automatically be entered for a chance to win one of five $500 gift cards redeemable at hundreds of merchants, courtesy of Tango Card. Terms apply; see rcblood.org/game.

Milford Regional Medical Center, 14 Prospect St., will be holding Blood Drives from 9 a.m. to 2:30 p.m. on Friday, September 27, Saturday, October 5, Tuesday, October 8, and Monday, October 16.

Troop Fan Mail Campaign

The Sgt. John W. Powers Post American Legion Auxiliary, Unit 39, Milford, has begun its holiday letter and card writing campaign. This program is to support members of U.S. troops who will be away from their families during the upcoming holiday season.

The local unit has sponsored this campaign for over 30 years, brightening the lives of many of those in the armed services. Each year, members and friends of the Auxiliary write cards and letters which are sent to Troop Fan Mail in mid-November. Once the cards arrive, they are sorted for distribution to 500 plus military bases and posts around the world.

Troop Fan Mail is a nonprofit organization and relies on volunteers to support their mission. Last year the Auxiliary sent approximately 10,000 greetings and hopes to meet or exceed that goal again this year. Unit 39 purchases cards and supplies the postage for this project under the leadership of Jo-Ann Morgan. The community is invited to participate in this endeavor by contributing cards, donating funds to defray shipping costs or by writing holiday cards and letters. Morgan can be contacted at her Hopkinton home for more information.

Read todays Town Crier Online

Go to our website TownCrier.us
In the left-hand column click Online Newspapers Scroll down to Mendon/Upton Town Crier PDF Archive And click on UTC 19-10-04.pdf

Remembering All Those Who Serve on 9/11

Using two of their ladder trucks, the Milford Fire Department displayed the American Flag to the hundreds gathering for the 13th Annual Thanks To Vets' Tribute 9/11 Dinner. Held on September 11 at the DoubleTree by Hilton in Milford, the free annual dinner is a thank you to local military members, veterans, first responders, and families for the sacrifices they make to ensure our freedoms and safety. It also remembers the heroes and victims of 9/11/01. Jocelyn Stetson photo

Volunteers Needed to Help Prepare Taxes

Tax-Aide, a partnership between the IRS and the AARP, needs volunteer counselors to help local low and moderate income persons prepare their taxes. Additional positions available for site greeters. Training begins in December and volunteers work four to six hours per week from February 1 to April 15. Basic computer skills are necessary. For further information, visit AARP.org/taxaid.

Set ready for the Holidays!

Our publication dates are:

Upton/Mendon
November 15 • Deadline November 5
November 29 • Deadline November 19
December 13 • Deadline December 3

Milford
November 22 • Deadline November 12
December 6 • Deadline November 26
December 13 • Deadline December 3

The Advertiser's Club Directory

These are the businesses that contract to advertise in The Upton and Mendon Town Crier at least 12 times a year. They receive a frequency discount, feature article about their business (minimum 1/16 page ad) and listing in this directory.

Business Name .................................................... Ad on Page

American Cleaners ........................................... 14
Bright Insurance Agency ................................ 15
Boston Eye & Laser ............................................ 3
C.J. Cilley Construction ................................. 8
Cancer Gi Mexican Restaurant ....................... 10
Center for Imaging and Wellness .................. next
Campton Golf Club .............................................. 8
Cook Company ............................................... 12
CPR Biz ......................................................... 19
Creative Images Hair Studio ............................. 5
Crystal Room ...................................................... next
Frank's Appliance ............................................. 12
Galileos Restaurant ............................... next
Gibson Natural Pet Resort ......................... next
Ishikawa Plumbing & Heating ..................... 13
Imperial Cafe ..................................................... 1, 24
J.C. Parmenter .................................................. next
Joliette Overhead Door .............................. 16
Joyce Plumbing ................................................. 12
Just-A-Wee-Do .................................................. next
Keeneman Paint & Lumber ....................... next
Liquor Plus ...................................................... next
Little Coffee Bean ............................................. 10
Maple Farm Dairy ................................................ 11
Maroon Electric .................................................. 13
Medway Oil & Gas Company ...................... 15
McCormick Properties .................................. next
Mendon Motors .................................................. 12
Mettrostow Oral Surgical Associates .......... next
Milford Federal .................................................. 15
Muffin House Cafe ......................................... 10
Nadine Jewellers .............................................. 19
New England Steak & Seafood ................. next
Park Place Dental ............................................. 23
PA W.S. Bod & Buccett ................................. 16
Plaggs Insurance Agency ............................. 12
Reliable Pet Sitting ......................................... 16
Riteway Power Equipment ......................... next
Robyn Nasuti, Reallife Realty Group ........... next
Rose Garden Restaurant & Lounge ............. next
Simoneaux Electric ......................................... 13
Temptation Tree Service .............................. 15
UPS Stores Milford & Franklin .................... next
Upton Foreign Motors ..................................... next
Wakouka Japanese Restaurant ..................... next
Wayne-Gumer Electric ................................. 15
Williams-Polkerton Funeral Home .......... 15, 19
Wold, DDS ....................................................... 19
Women's Total Body Wellness / Mash Up ... 19
Wright's Dairy Farm ............................................ 13
WPI Post Control ............................................... 13

The Advertiser’s Club Introduces

A special feature offered to those businesses that contract to advertise 12 times in a year (1/16 page and larger) in the Upton & Mendon Town Crier. For more information contact: Lori Tate: 508-529-0301 loritatetowncrier@gmail.com
Colette Rooney: 508-922-9674 ceroney@charter.net
Susanne Odell Farber: 508-954-8148 Sue@odellconsult.com
Join the Friends of the Taft Public Library
The Friends of the Taft Public Library typically meet once a month in the meeting room in the library. Come and join in on the fun and help them strengthen the library's community connection. For more information on upcoming meetings visit TaftPublicLibrary.org and click on the 'Friends of the Taft Library' link or email the Friends at friendsofthetalibrary@gmail.com.

Taft Children's News October
Ity Bitty Story Time
Ity Bitty Story Time on Tuesdays at 9:45 a.m. and Wednesdays at 9:30 a.m. is designed for our youngest patrons: 3 years old. This program includes stories, songs, musical instruments, and a whole lot more to keep the little ones engaged and entertained. It is a great way to introduce the young child in your life to the library. No registration is required.

Story & Craft Time
Join us for story and craft time for preschool aged children on Wednesday at 10:30 a.m. No registration is required.

October 9: Fall Stories in both English and Spanish
October 16: All About Apples
October 23: Ghosts, Witches, and More
October 30: Halloween Fun

Kidding Around Yoga
Kidding Around Yoga class will be held on Tuesday, October 15 at 10:30 a.m. Learn yoga poses, dance, sing, and meditate. This class is all about fun—all abilities are welcome. Mats are available, or bring your own.

Registration is required and limited.

Deb-Hudgins: Music & Movement
Join Deb Hudgins on Thursday, October 17 at 3:30 p.m. for a 30-minute Nursery Rhyme Time theme-based program which features singing and guitar music for young children (infant-preschool). No registration is required.

Halloween Origami
Learn the Japanese paper folding art of Origami on Thursday, October 17 at 4:30 p.m. with Origami artist Kristin Hannah. Space is limited. This program is geared for ages 8 and above.

Muffins with MOM
Sponsored by Beginning Bridges CFCF, The Muffin House and the library. Free. Muffins with MOM will be held on Thursday, October 24 at 9:30 a.m. This is a free drop-in event for up to 15 families, first come, first serve. Light refreshments will be served, and families will have the opportunity to build social connections and learn about family friendly resources.

Halloween Party!
Enjoy an evening of crafts, treats and entertainment at the Taft Halloween Party on Thursday, October 24 at 6 p.m. Enjoy crafts and games followed by The Toe Jam Puppet Band. Make sure to wear your Halloween costume. Registration is appreciated.

Book Clubs
Registration is required for all book clubs which are held at 5 p.m. and include pizza and refreshments.

Ages 6-9: Tales from the House of Bunnicula: It Came From Beneath the Bed by James Howe will be discussed on Thursday, November 21.

Ages 8-12: The 39 Clues: The Maze of Bones by Rick Riorden will be discussed on Thursday, November 7.

Graphic Novel Book Club: Mr. Pants Book 1: I've Got Time and Book 2: Tricks, Camera, Action by Scott McCloud and R. H. Luzzetti will be discussed on Thursday, November 14.
**Mendon Cultural Council Applications**

The Mendon Cultural Council is accepting grant applications for the upcoming year beginning September 1 through midnight October 15. Funds will be distributed for events supporting the arts, humanities, and interpretive sciences in our community. Organizations, schools, and individuals may apply for funding. Applications are no longer accepted on paper, and must be completed online. To access the online form for submission, visit MassCulture.org.

The local grants are made available to Mendon from the Massachusetts Council, a state agency which distributes funds to the community. Massachusetts has one of the largest networks of local cultural councils in the nation, supporting over 329 Local Cultural Councils, serving all 350 towns in the Commonwealth.

For more information or to receive updated listings of activities and events, visit the Mendon Cultural Council on Facebook.

**Fiscal Year 2020 Tax Aid Application**

The Mendon Tax Aid Fund was established to provide tax assistance for elderly and/or disabled Mendon residents who are homeowners with limited income and assets. The Fiscal Year 2020 submission deadline is October 28. Forms are available at the Mendon Senior Center and online, MendonMA.gov/sites/mendonma/files/file/file/mendon-tax-aid-fy2020-application-and-guidelines_0.pdf

**Spooky Trail and Party**

On Saturday, October 26, rain date, Sunday, October 27, the Mendon Historical Society is sponsoring a Spooky Trail and Party. Residents who are willing to donate Halloween items such as masks, costumes and scary objects are asked to contact the Society by email mendonhistoricalsociety@gmail.com.

**Mendon Country Fair Live Entertainment Schedule**

A number of live musical acts are scheduled to entertain attendees during the Oct. 12 Mendon Country Fair, sponsored by the Lion’s Club. Musical acts include, T.J. Scott at 9:30 a.m. or 11 a.m. tour. Please sign up at the Senior Center for either tour. The guided tour will feature some of Mendon’s most historic spots and fascinating facts about the town’s past. Spacing is limited, since the tour is conducted in the Mendon Senior Van. Please sign up at the Senior Center for either the 9:30 a.m. or 11 a.m. tour.

**Mendon Flu Vaccine Clinics**

The Mendon Board of Health along with Salmon VNA & Hospice will hold two flu vaccine clinics this year. The clinics are for all Mendon residents age six months and older. There are no copays, but please bring your insurance cards and wear a short-sleeved shirt. The first clinic is Friday, October 4, at the Senior Center, 62 Providence St., from 10 to 11:30 a.m. The second is Tuesday, October 8, at the Board of Health office, 18 Main St. (the basement of the former Taft Public Library building) from 5 to 7 p.m. For more information please contact the Board of Health at 508-634-2656 or Salmon VNA & Hospice at 508-473-0862.

**Mendon History Tour**

With the help of knowledgeable volunteer historians, Anne Dudley, Dick Grady and John Trainor, the Mendon Senior Center is offering a Mendon History Tour on Thursday, October 17. The guided tour will feature some of Mendon’s most historic spots and fascinating facts about the town’s past. Spacing is limited, since the tour is conducted in the Mendon Senior Van. Please sign up at the Senior Center for either the 9:30 a.m. or 11 a.m. tour.

**Mendon Fire Department Open House**

To commemorate Fire Prevention Week 2019, the Mendon Fire Department will hold an Open House at the Fire Barn, 8 Morrison Drive, on Saturday, October 19, from 11 a.m. to 4 p.m. Everyone is invited to the free event which will feature essential safety and emergency preparedness information along with pizza and refreshments.

**Mendon Town Calendar**

**Coolsclupting, Liposuction & The HCG Diet**

reshape your body. Mac Med offers two types of permanent fat loss: Coolsclupting Plus and Liposuction. Both methods provide actual, noticeable results. Selection of the right procedure is based on the client’s body type and fat distribution.

**Pearls**

by Mac Med
Spa, Salon & Medical

Coolsclupting, Liposuction & The HCG Diet

reshape your body. Mac Med offers two types of permanent fat loss: Coolsclupting Plus and Liposuction. Both methods provide actual, noticeable results. Selection of the right procedure is based on the client’s body type and fat distribution.

**The Realtor You Can Trust**

When it comes to buying and selling your home, it’s important to trust a Real Estate Agent who cares about your neighborhood as much as you do. When you are ready to buy or sell, call me!

Rich Hills
(508) 651-4253
richhillsrealestate@gmail.com

EXPERIENCED | FRIENDLY | RELIABLE
Greenleaf Garden Club Presents Creative Ways to Entertain

The theme of the Greenleaf Garden Club of Milford’s October meeting will be Easy Centerpieces and Creative Tablescapes. Speaker Michele Schucker will discuss the art of easy entertaining. She will show quick and easy methods to construct centerpieces and tablescapes and how to make guests feel special. Weaving native plant material into her flower arrangements and creative tablescapes, she is known for expertise in garden design and indigenous plants. Founder and chief designer of Natural Selections Schucker is a certified master gardener and is passionate about the art and science of horticulture.

The Greenleaf Garden Club is a member of the National Garden clubs, Inc. and the Garden club Federation of MA, Inc. For information, email greenleafgardenclub@gmail.com.

Unibank Home Buying Seminar

Unibank is sponsoring free monthly home buying seminars throughout 2019 to provide homebuyers with information about finding and buying the home of their dreams. Refreshments will be served and a door prize will be awarded at each event. The next seminar is Wednesday, October 16, from 6:30 to 8:30 p.m. at the branch office, 193 Boston Turnpike, Suite 3160, Lakeway Commons, Shrewsbury. Seminar speakers include: Dave Sampson, Unibank Mortgage Consultant, Kathleen McSweeney, Real estate and Damac Real Estate; and Tom Wickstrom, attorney, Wickstrom Morse, LLP, Stephen Tosches, Appraiser, and Matt Warren, Warren Home Inspections. Contact UniBank’s Matt Armenti at 508-365-1500 or matthew.armenti@unibank.com to register.

Attendees will be entered for a chance to win a $100 gift card. Sweeptakes to win gift card is subject to complete official rules which are available at Unibank’s Shrewsbury branch. To enter, individuals must register and attend the seminar. No purchase or account required to enter or win. Must be 18 years of age or older to enter to win.

All seminar attendees will receive a $250 mortgage closing cost coupon from UniBank.

Blackstone Valley Garden Club Meeting

WHITINSVILLE–The Blackstone Valley Garden Club meets on Thursday, October 10 at 7 p.m. in the Blackstone United Methodist Church, 61 Linwood Ave, Whitinsville. Paul Stein returns to discuss Designing a Multi-Season Shade Garden. A retired physician and Master Gardener, he is a past president of the Massachusetts Master Gardeners Association. Stein will suggest the best shade plants to use for garden blooms from the spring through the fall. Parking and entrance are all the rear of the building off Church St. by Domino Pizza. The guest fee for non-members is $5.

Wayne Grenier Electrician

“Your Homeowner’s Electrician”

Call at 508-234-4257

“I will return your call”

Mutual Savings Bank

Doing Business Since 1989

- Repairs
- Gas Piping
- Plumbing
- New Construction
- Boilers
- Water Heaters
- New Installation or Replacement
- Water Treatment & Filtration

Unibank Home Buying Seminar

Unibank is sponsoring free monthly home buying seminars throughout 2019 to provide homebuyers with information about finding and buying the home of their dreams. Refreshments will be served and a door prize will be awarded at each event. The next seminar is Wednesday, October 16, from 6:30 to 8:30 p.m. at the branch office, 193 Boston Turnpike, Suite 3160, Lakeway Commons, Shrewsbury. Seminar speakers include: Dave Sampson, Unibank Mortgage Consultant, Kathleen McSweeney, Real estate and Damac Real Estate; and Tom Wickstrom, attorney, Wickstrom Morse, LLP, Stephen Tosches, Appraiser, and Matt Warren, Warren Home Inspections. Contact UniBank’s Matt Armenti at 508-365-1500 or matthew.armenti@unibank.com to register.

Attendees will be entered for a chance to win a $100 gift card. Sweeptakes to win gift card is subject to complete official rules which are available at Unibank’s Shrewsbury branch. To enter, individuals must register and attend the seminar. No purchase or account required to enter or win. Must be 18 years of age or older to enter to win.

All seminar attendees will receive a $250 mortgage closing cost coupon from UniBank.

Blackstone Valley Garden Club Meeting

WHITINSVILLE–The Blackstone Valley Garden Club meets on Thursday, October 10 at 7 p.m. in the Blackstone United Methodist Church, 61 Linwood Ave, Whitinsville. Paul Stein returns to discuss Designing a Multi-Season Shade Garden. A retired physician and Master Gardener, he is a past president of the Massachusetts Master Gardeners Association. Stein will suggest the best shade plants to use for garden blooms from the spring through the fall. Parking and entrance are all the rear of the building off Church St. by Domino Pizza. The guest fee for non-members is $5.

Wayne Grenier Electrician

“Your Homeowner’s Electrician”

Call at 508-234-4257

“I will return your call”

Mutual Savings Bank

Doing Business Since 1989

- Repairs
- Gas Piping
- Plumbing
- New Construction
- Boilers
- Water Heaters
- New Installation or Replacement
- Water Treatment & Filtration

Unibank Home Buying Seminar

Unibank is sponsoring free monthly home buying seminars throughout 2019 to provide homebuyers with information about finding and buying the home of their dreams. Refreshments will be served and a door prize will be awarded at each event. The next seminar is Wednesday, October 16, from 6:30 to 8:30 p.m. at the branch office, 193 Boston Turnpike, Suite 3160, Lakeway Commons, Shrewsbury. Seminar speakers include: Dave Sampson, Unibank Mortgage Consultant, Kathleen McSweeney, Real estate and Damac Real Estate; and Tom Wickstrom, attorney, Wickstrom Morse, LLP, Stephen Tosches, Appraiser, and Matt Warren, Warren Home Inspections. Contact UniBank’s Matt Armenti at 508-365-1500 or matthew.armenti@unibank.com to register.

Attendees will be entered for a chance to win a $100 gift card. Sweeptakes to win gift card is subject to complete official rules which are available at Unibank’s Shrewsbury branch. To enter, individuals must register and attend the seminar. No purchase or account required to enter or win. Must be 18 years of age or older to enter to win.

All seminar attendees will receive a $250 mortgage closing cost coupon from UniBank.
This summer, many of us enjoyed the mesmerizing ocean waves while relaxing on a beach. The beauty of the vast blue ocean surface can mask much of the human-caused damage that lies beneath those waves. However, we have tools to restore our oceans, but we need to take action now. The oceans are a lifeforce for humans containing 97 percent of earth's water. Over half of the oxygen in earth's atmosphere comes from microscopic phytoplankton, the foundation of the marine food web. Unfortunately, the oceans are warming at an unprecedented rate and disrupting the phytoplankton globally. The oceans have absorbed much of the anthropogenic carbon emissions, but the oceans are reaching their limit. This carbon absorption has created more acidic oceans making survival for sea creatures more difficult. Nearly half of the coral reefs have died; a biodiverse habitat for a significant amount of marine life.

Worldwide, pollution and fishing are taking their toll. Plastic in the ocean is ubiquitous and does not decompose for centuries, if ever, and kills thousands of animals in the sea annually. There are over 400 large dead zones caused mostly by industrial pollution, sewage and excess agricultural fertilizer runoff. Over 30 percent of fisheries are overfished and unsustainable. A new report on the oceans came out from The UN Intergovernmental Panel on Climate Change has released a new report on the oceans at IPCC.ch/ircoc/homed/. A balance needs to be found between human needs and conservation. Ocean life does not adhere to political boundaries; this requires a worldwide effort. Treaties, regulations, diplomacy and monitoring are essential to prevent abuse in international waters. The Food and Agriculture Organization of the United Nations (FAO) is crucial. FAO funds scientific studies, promotes sustainable fisheries and works towards positive international cooperation. The Paris Climate Agreement is another important tool for international environmental collaboration.

Buying seafood from sustainable fisheries makes a difference. The Monterey Bay Aquarium Seafood Watch App details which species of fish are sustainably caught and when it is better to buy farmed or wild. Buy from a trusted seller and ask questions about the source of the seafood. Eat the fish that are available, because of abundance. Many of these "unloved" fish are tasty, good substitutes for more familiar seafood and more affordable. Oceanographer Dr. Sylvia Earle's non-profit Mission Blue, National Geographic Pristine Seas program and others advocate for marine sanctuaries where no exploitive fishing or mineral excavation is allowed. This can protect breeding areas and allow ocean habitats to regenerate making the oceans more resilient and prosperous. The Nature Conservancy is working with New England fishermen and women to reduce bycatch, prevent overfishing and rebuild fish stocks by using video cameras to verify the species and size of discarded fish, promoting sustainable fisheries.

To help, support the above efforts, reduce fossil fuel use, use less plastic and vote for policies that promote environmental sustainability. Enjoy and explore this amazing blue resource and magical ecosystem.

**Deck the Halls, a November Gala Fundraiser**

Once again, the Greenleaf Garden Club (GGC) is inviting the community to its annual November Gala fundraiser—an evening of floral designs, drawings, fun and refreshments. This year's Gala will highlight designer Maureen Christmas and will be held at the Milford Senior Center, 60 N. Bow St., Milford on Monday, November 18 beginning at 6:30 p.m. with refreshments. Tickets are $12 and may be obtained from any GGC member or from Nancy Wojick, 617-680-2477, email newnwojick@gmail.com.

Christmas will create five to seven delightful holiday designs, one of which will be given as a door prize and there will be a drawing for the others. She is one of New England's top designers and her creativity and novel ideas will be expressed as she designs for the Gala. Christmas is a National Garden Club Flower Show judge and has a European Master's Certification. She has won many top awards at the New England and Newport Flower Shows. Following the presentation, a drawing will be held for Maureen's designs and for the 50+ themed baskets prepared by GGC members. The proceeds from the evening will be used to fund the Club's projects including the downtown civic plantings, the Garden Therapy program and Junior Garden programs and the annual scholarship offered to a high school senior residing in Milford.

Gala chairperson, Sandra Tosches describes the event as "such a nice evening with nice people, fine, good food and beautiful flowers and encourages the community to attend. The Greenleaf Garden Club is a member of the National Garden Clubs, Inc. and the Garden Club Federation of MA, Inc. For information, email greenleafgardenclub@gmail.com.
Easy Decluttering Tips

Even the cleanest home will look messy if it’s not organized. Jule Eller, director of trend and style at Lowe’s, offers a few simple ways to declutter your home and make your space look tidy. Start by assessing each room. Every home and family is different but kitchens, garages and closets tend to get the messiest the fastest.

A kitchen is a family gathering place, so it can become cluttered with everything from backpacks and junk mail to cereal bowls and pizza boxes. Cabinets and pantries can also become cluttered with too many items, but installing organizers from Lowes makes it easy to keep things neat.

If you have a garage, you know it’s tempting to simply stash away bulky or rarely used items in it. Eventually you could run out of room to park your car. To avoid that, organize your garage by installing cabinets or rail system storage cabinet or rail system.

While closets aren’t rooms, they can definitely become a cluttered nightmare. Some people think if the door can close, there’s still room for storage. Don’t let closets get to that point.

More tips for sprucing up your home while keeping it orderly include:

1. **Rearrange furniture to maximize the space.**
   - The sofa in the living room, the bed in the bedroom and the desk in the office demand the most space; arrange these first.
   - Don’t place too many pieces of furniture in a small space. A love seat may work better than a full-size sofa.
   - When creating conversation areas, keep furniture within eight feet of each other and facing instead of side-by-side so people can talk comfortably when seated.

2. **Create the illusion of space by adding lighting and mirrors.**
   - Lighting is a key to opening up a space. Let natural light shine in.
   - A torchère lamp can bounce light off the ceiling and back down on the room.
   - Skylights and solar tubes are natural alternatives for adding light.
   - Mirrors increase the apparent size of the room.

3. **Use storage products to help you get organized.**
   - If shelving and closet organization kits aren’t enough, keep clothes in storage bins. If you have too much, hold a garage sale or donate items to charity. If you haven’t something for two years, let it go.
   - Store utensils and small appliances in baskets or bins. Keep dinnerware and bowls grouped by function, style and shape. It creates a uniform look, and saves time during meal prep.
   - While building custom solutions is an option, Lowes offers a wide variety of products that can help you organize.

When decluttering, don’t bite off more than you can chew. Set realistic goals and create a doable plan. Look at the room as a whole and then focus on one corner at a time. Making progress will motivate you to keep going.

For more organizational ideas, tips and product solutions, visit Lowes.com.
Home Improvement

Foolproof Pest-Proofing for the Fall

Submitted by Jim Mazzuchelli
WPC Pest and Termite Control

When the weather turns cold, the idea of being cooped up next to a warm fireplace is appealing to both humans and pests. Rodents, cockroaches, and spiders are just some of the likely culprits that will look to make their way indoors uninvited when the temperatures drop. As we draw closer to winter, WPC Pest and Termite Control is reminding homeowners of the importance of pest-proofing to keep pests out.

“Every fall, pests and rodents go into survival mode and begin their search for a place to call home during the winter until they can go outdoors again,” said Jim Mazzuchelli, owner. “Unfortunately, our homes are often their top choice for a winter retreat as they provide a warm shelter and easy access to food and water.”

Once inside, rodents, cockroaches and other invaders can contaminate food, spread disease and more. WPC Pest recommends heeding the following fall pest-proofing tips from the National Pest Management Association (NPMA) to minimize the threats that pests pose to health and home:

- Screen attic vents, openings to chimneys and any other areas that are open to the outdoors, like mail slots and animal doors.
- Keep basements, attics and crawl spaces well ventilated and dry. Consider using a dehumidifier in these areas.
- Keep kitchen counters clean, store food in airtight containers and dispose of garbage regularly in sealed receptacles.
- Replace weather-stripping and repair loose mortar around the foundation and windows.
- Inspect boxes of decorations, package deliveries and grocery bags for pest damage before bringing them indoors.
- Avoid leaving pets’ food dishes out for long periods of time.
- Contact a licensed pest control professional if an infestation is suspected.

“Another piece of advice I can offer homeowners is to keep an eye out for any signs of wear and tear around the home,” added Mazzuchelli, “Pests will take any wall, door or window opening as an invitation to enter. Caulk and steel wool can work wonders to keep pests from finding a way into the home.”

For more information, visit NoBugsNoPests.com

Recycle Electronics, Textiles & More

A regional drive-through recycling and reuse event is returning to North Grafton, on Saturday, November 2 from 10 a.m. to 1 p.m. at 200 Westboro Rd. Items being collected include electronics, Styrofoam (white #6 only), textiles, books and more. All towns are welcome to participate. Fees (cash only) are as follows: small electronics (visit WeCan-MA.org for list of items) $10 each; monitors and televisions $20 each.

Styrofoam is being collected at no charge (only #6 white - no food containers or packaging peanuts and free of stickers and tape) and assorted clothing and textiles (clean, dry and odor-free) to benefit non-profit organizations. This includes used clothing and textiles, shoes, purses, wallets, belts, sheets, curtains, pillows, tablecloths (holes and rips okay). Funds raised from clothing and textiles will be donated to Fresh Start who will also collect small household and kitchen items like small counter top appliances. For the Cummings Veterinary Center at Tufts University and local animal shelters (label Animal on the bag), bring clean, old, worn towels and blankets. New or like-new craft and office supplies are being donated to The Great Exchange. For more information and map, visit wecan-ma.org or contact Irene Congdon at 413-348-9353.

Order Your Firewood Now for Winter

MULCH • PAVERS
DECORATIVE STONE • LOAM

Call for Competitive Pricing!

508-634-3300
www.cookfpi.com
252 Milford St.
Rte 140, Upton

American's #1 SELLING BRAND OF DUCTLESS
Looking to replace your electric heat? Ask us about HUGE rebate incentives through MassSave!

PROTECT YOUR HOME
Against unwanted pests...

Earwigs
Mice
Bee
tles
Spiders
Squirrels

Licensed & insured.
All work guaranteed.
Family Owned & Operated

WPC Pest & Termite Control
Call today
508-435-2211
nobugsnopes.com

NOW THERE’S A SMARTER WAY TO COOL ANY ROOM.

NO DUCTWORK REQUIRED, SINCE EVERY ROOM IS ITS OWN SYSTEM.
COOKING & HEATING
Bring cool comfort to any room... without wasted energy or noise.
- Room-by-room control of temperatures.
- Directs cool air where you want - while filtering germs and allergens.
- Heat pump saves you money in the winter, too.
- No ductwork required, so installation is quick and easy.

MITSUBISHI ELECTRIC DUCTLESS AMERICA'S #1 SELLING BRAND OF DUCTLESS

Contact us today for your no-cost in-home assessment!

Morrissette & Son Electrical Contractors, INC.
ELECTRICAL • HVAC • REMODELING
508-634-8079
MorrissetteElectric.com
Browsing the Back Roads

Please visit our advertisers and tell them you saw their ad in the Town Crier Browsing the Back Roads Section.

Blackstone River Farm
Pete’s Oasis legacy lives on in the Blackstone River Farm. Stop by and check out our beautiful selection of fall mums, pumpkins and fall decor.

394 Providence Road
South Grafton, MA 01560
1-774-545-0361

Annual Mendon Country Fair
Since 1975
Saturday
October 12
10am - 4pm

Blessing Barn
5 Hastings St.
Mendon

Pie Eating Contest!
Free Petting Zoo!
Free Admission!
Free Hayrides!
Magic Show!
K-9 Demonstration!

Wellness products just arrived!
Now carrying CBD oils!

Chevere Beads & Boutique
Thanks to all our loyal customers who voted for us for the Reader’s Choice Regional & Local Winner for Jewelry, Clothing & Gift Shop for 2019.

www.ShopChevere.com
336 N. Main St, Uxbridge • 508-278-5566

Map is not to scale and locations are approximate. Use your GPS for exact addresses in all the ads.
The Back Roads

"Your old-fashioned Farm Stand Experience since 1936"

Featuring
• Fresh Ground Peanut Butter
• Baked Goods
• Free Range Eggs • Grass Fed Meats

Rte. 140
Upton, MA
508-529-4564

Final weekend sale will be Nov 2nd and 3rd.
Opening for Christmas Nov 29th.

OPEN
7 Days a Week
8 till 7

Index of Advertisers

Tole Booth ............. Blackstone 1
Quissett Hill ...... Mendon 2
Blackstone River Farm ... S... Grafton 3
Mendon Fair .......... Mendon 4
Cheverie Brad ...... Uxbridge 5
Spaightwood Gall ... Upton 6
Off the Common ... Grafton 7
Petal & Crumb ...... Upton 8
Wrights Dairy ...... N. Smithfield 9
Lulu's ................. Whitinsville 10
Grafton Flea Market Grafton 11
Nathan's Jewelers ..Milford 12
Kellys Farm ........... Upton 13
Paw Planet .......... Whitinsville 14

Visit our advertisers and tell them you saw their ad in the
Back Roads Section

The Grafton Flea Market is an indoor/outdoor market
with hundreds of dealers and has been in operation
for over 40 years. Conveniently located at 296 Upton
St., Rte. 140 on the Upton-Grafton Town Line.

Open Every Sunday
For more information call 508-839-2217
or visit www.graftonflea.com.

Petal and Crumb Florist

NOW OPEN! Downtown Retail Store
1 Milford St., Upton

PetalandCrumb@yahoo.com
PetalandCrumb.com
Facebook & Instagram

Fresh Flowers
Plants
Gifts
Pottery

Daily Delivery Available • 508-330-7448

WEDDINGS • SYMPATHY • EVERY DAY OCCASIONS
Fall Programs for Adults and Children

**Milford Community School Use Program** has the following Fall Adult Education courses and Children’s programs. The complete list of classes and their descriptions may be found at MilfordCommunity.com. Adult classes include DNA as a Genealogical Research Resource - Discover the Science and the Art of DNA, on Monday, October 21, 6:30 to 8 p.m.; American Red Cross CPR/AED certification class, Tuesday and Thursday, October 22 and 24, 7 to 9 p.m.; and About Boating Safety approved by the National Association of State Boating Law Administrators (NASBLA) as a boating safety class, Saturday, November 2, 8 a.m. to 5 p.m. One Night Adult Workshops include: Declutter and Organize Your Space, the Seed of Addiction and Building a Strong Financial Future on Tuesday, October 22; 21st Century Retirement Strategies Tuesday, October 29; Pottery Glazing, Monday, November 6; Curate Your Sentimental Belongings, Tuesday, November 12; and Suddenly in Command Wednesday, November 13. Programs for Children include Spanish for Kids at Woodland Elementary School, grades 3 and 4, an immersive class for beginners with games, crafts, music, stories and more on Wednesdays beginning October 23 from 2:50 to 3:40 p.m. and Biddy Basketball for grades 2 through 8 open to all boys and girls of all abilities with the in-town league playing games on Saturdays from 8 a.m. to 6 p.m. in Milford public schools plus one practice a week for grades 3 through 8; register by Friday, November 1.

1. Registrations can be completed online at MilfordCommunity.com or offline using registration forms. Forms may be printed from the website and will be accepted immediately. Please make checks payable to: Town of Milford - MSCUP. Registrations and payments can be mailed/delivered to Milford Community School Use Program, 31 West Fountain St., Milford, MA 01757. The deadline to register is the Thursday before the program begins at 9 a.m. unless the program fills sooner.

**28th Annual International Engineering Middle School Competition**

Future City Competition, now in its 28th year, announces Clean Water: Tap Into Tomorrow, the 2019-20 theme for its award-winning, project based learning experience for middle schoolers. According to current estimates, two billion people worldwide - a quarter of the world’s population - currently don’t have access to clean water. And that number is expected to double. By 2052, it is predicted that as many as 4 billion people will be living in water-stressed areas. During this school year, 6th, 7th, and 8th grade students from across the country and abroad will be asked to identify an urban water system threat and then imagine, research, design and build a futuristic solution to ensure a reliable supply of clean drinking water. Working as a team with an educator and STEM mentor, students present their vision of the future through a virtual city design (using SimCity® software), a 1,500 word city essay; a scale model of their city (built with recycled materials); and in a short presentation to a panel of STEM professionals. Keeping the engineering design process and project management front and center, students are asked to address an authentic, real-world question: How can we make the world a better place? In the US, over 40,000 students, representing 1,500 schools and 39 regions, take part in the Future City® Competition. Teams present their ideas at Regional Competitions in January. US regional winners then face off at the Future City Finals, where they are joined by a growing roster of international teams, including those from Canada and China. The New England Regional Final will be held on Sunday, January 26, 2020 at Worcester Polytechnic Institute. The New England winners then face off at the Finals in Washington, DC from February 15-19, during Engineers Week. The exciting competition culminates with one team taking home the grand prize of a trip to U.S. Space Camp and $7,500 for their school’s STEM program (provided by Finals sponsor Bentyle Systems). The deadline to register for this year’s Future City Competition is October 31. Register today or learn more at FutureCity.org. Visit Facebook for more information and updates on the Future City® Competition.

**Hopedale Cultural Council Applications**

The Hopedale Cultural Council has set an October 15 deadline for organizations, schools, and individuals to apply for grants that support cultural activities in the community. Proposals in the arts, humanities, and science that support projects such as exhibits, lectures, workshops, field trips, performances, and artistic residencies may be submitted. The Hopedale Cultural Council is part of a network of 529 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community based projects in the arts, humanities, and sciences every year. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, a state agency, which then allocates funds to each community. This year the Hopedale Cultural Council will distribute about $5400 in grants. Previously funded projects included musical, theatrical, and dance performances, lectures, and field trips. Online application forms and more information about the Local Cultural Council Program are available at MassCulture.org.

**SMOC Fuel Assistance**

Residents who received Fuel Assistance last heating season will start receiving renewal applications for the upcoming heating season. Please note, the season does not start until November 1. Anyone in Mendon who needs help with completing the application or feels they could apply this year, should call the Senior Center at 508-478-6175 while Upton residents should call Janice Read Nowicki at 508-529-5088.

**Milford Cultural Council**

The Milford Cultural Council will be accepting applications for funding requests from September 1 to October 1. Applicants are sought who will provide a diverse range of activities and events in the community that will reach out to all residents. The required application is online at: MassCulture.org/lcc_.public_applicant_process.asp. Applications are due by 5 p.m. on October 1. The Milford Cultural Council will review applications and make decisions on allocations, send denial letters and handle reconsideration requests. Between November 1 and December 30, the Milford Council will meet to make decisions on applications, send denial letters and handle reconsideration requests. By January 15, 2020 the Council will begin to notify applicants of their funding. Culture Council meetings, which are held every third Tuesday of the month at 7 p.m. in Milford Town Hall, 52 Main St, Room 14, are open to the public. Contact the Council by emailing: ccouncil@TownofMilford.com.
Legislators Support Increased Parking for Commuter Rail

State Senator Michael O. Moore (D-Millbury) and State Representative David K. Muradian, Jr. (R-Grafton) recently submitted a letter to the General Manager of the Massachusetts Bay Transportation Authority (MBTA) highlighting ongoing parking capacity issues at the Grafton Commuter Rail station.

Both legislators have received numerous messages from area residents detailing the current need for increased parking at the local station. In their letter, Moore and Muradian inquired whether any current plans exist for the MBTA to expand the availability of Commuter Rail parking at Grafton station and, if so, the timeline for the expansion. If no plans exist, the legislators requested that an “expansion be considered and prioritized”.

“Some of the things we’re interested in learning are the metrics used by the MBTA to determine whether to expand parking capacity at a Commuter Rail station,” said Moore. “Clearly, there is a high volume of riders using the Grafton station and it’s important to alleviate this source of frustration for commuters who rely on this method of public transportation.”

Muradian said, “We want to emphasize the importance of sustaining the economic and infrastructural growth, and lessening the traffic congestion of Grafton and its surrounding areas. We want to simply assure our people that they have a way to get to work every day.”

Recently, the Massachusetts Department of Transportation released a comprehensive transit study detailing issues of congestion on the Commonwealth’s roadways, which has continued to women in recent years. One of the primary solutions cited in the study is to increase the capacity of public transportation systems including the Massachusetts Bay Transportation Authority (MBTA). According to Moore and Muradian, expanding parking access at Grafton station would complement the economic development in the region, relieve time and economic burdens which impede some residents from working in Greater Boston, and allow increased Commuter Rail ridership to help relieve roadway congestion.

The Milford Town Library Atelier Artists invite the public to view their 2019 Oil Painting Exhibit showing at the Milford Town Library throughout October. An opening reception will be held on Saturday, October 12 from 2 to 4 p.m in the Children’s Program Room. This free reception includes refreshments and door prizes donated by local businesses and eateries.

Under the direction of Sal Ferreira, the Atelier Artists are a community of artists who paint together and offer support, encouragement and inspiration to each other. Exhibiting artists include Angela Falcone, Anne Berard, Arlene Person, Carolyn Waters, Charles Abrahamson, Claudia Iacobbio, Don Rose, Glen Peterson, Irene Pagnini, Janice Rodriguez, Karen LeBlanc, Kathleen Aghahanian, Lori Lamont, Maggie Budd, Patricia Peterson, Sal Ferreira, Sara Wheeler, Vas Ferreira, Verne Thayer, and Walda Vaseil.

This exhibit is sponsored by the Friends of the Milford Town Library and includes individual artistic interpretations of the moon, in honor of the 50th anniversary of the moon landing.

One of the paintings that will be on display at the Milford Town Library in October is this one by Charles Abrahamson of Cocquio-Trevisago, Italy.

Senior Center Raffling Off Baskets in October

The Friends of Mendon Elders are raffling off baskets throughout October which were created by various groups that enjoy using the Mendon Senior Center. The first location the baskets will be presented is the Fire Department Open House on Wednesday, October 9. Come say hello to our brave Mendon firefighters, examine the fire trucks, and share in the free food as well as take a chance on the raffle baskets being presented by the Friends of Mendon Elders.

The second opportunity for raffle basket chances will be Saturday, October 12 at the Lions Club Fair located in the field behind the Blessing Barn in Mendon. Come enjoy the many elements of the Fair, put your chances in the raffle cans of your basket choices, and view/ buy the special Christmas and handcrafted items for sale by the Friends at the Fair.

The final opportunity to purchase raffle chances is the Friends of Mendon Elders Oktoberfest at the Mendon Senior Center Friday, October 25 from 3 to 7 p.m. and Saturday, October 26 from 9 a.m. to 2 p.m. At the end of Oktoberfest, the winning names for all baskets will be drawn. In between each event, the baskets are on display at the Senior Center where raffle tickets can also be purchased.

2019 Fall Lectures

THE ABCS OF HEPATITIS
Understanding the Causes, Symptoms & Treatment
Wednesday, October 16 at 7PM
Dost Sarpel, MD / Milford Regional Medical Center
Division of Infectious Diseases, Viral Hepatology

Hepatitis is a disease that causes liver inflammation. The symptoms are silent and the disease can be deadly. More importantly, many people are unaware that they are infected with hepatitis until significant health problems arise. Learn more about the high risk of this common disease and the treatments available from our infectious disease specialist Dost Sarpel, MD. FREE

21st Century Methods of Detecting Urological Cancers
Wednesday, October 23 at 7PM
Jeffrey Steinberg, MD, FACS / Urology Specialists of Milford, LLC

Advanced technology is now available at Milford Regional Medical Center to detect urologic cancers, providing a more precise diagnosis and comfortable experience for the patient. Urologist Jeffrey Steinberg, MD has been at the forefront of these new advancements. Join us as he discusses blue light cystoscopy for the treatment of bladder cancer, prostate MRI/ultrasound fusion biopsy, new bloods and urine tests as well as genetic testing to determine the aggressiveness of urologic cancers. FREE
The History of Pies

GRAFTON- On Sunday, October 13 at 2 p.m., Robert Cox, author of New England Pie: History Under a Crust will speak at the Grafton Community Barn, 37 Wheeler Rd., North Grafton. During the program sponsored by the Grafton Historical Society, a non-profit 501 (c), all-volunteer organization, Cox will share his unique look at New England through its baked goods. This free event will include taste testing of actual pies following the presentation. Coffee and water will also be available. Cox is the head of Special Collections and University Archives at W.E.B. Dubois Library, University of Massachusetts, Amherst. Cox’s interest is in the history of the early national period and the 19th century.

For more information about this show or to make reservations please call 508-839-0000 or email graftonmahistory@gmail.com.

Annual Owl Prowl

UXBRIDGE—Join the Annual Owl Prowl at West Hill Dam Park on Saturday, October 19 from 7 to 9 p.m. Ranger Randy Bramel will meet participants at West Hill Dam, 518 E. Hartford Ave., Uxbridge, at the picnic shelter at the top of the hill. Bring a flashlight, chair or blanket, dress for the weather, and be ready to walk about a quarter mile. Children 16 and under must be accompanied by an adult; not recommended for children eight and under. Cancelled for heavy rain.

Community Harvest Scarecrow Contest, 5K and Harvest Home Festival

NORTH GRAFTON—Community Harvest Project (CHP) will hold a Scarecrow Contest as part of their Harvest Home Fall Festival and 5K on Sunday, November 3. The festival takes place at 37 Wheeler Rd., North Grafton from 11 a.m. to 3 p.m., rain or shine. Tickets are $10 per person with a $30 family cap. Children under five are free.

The contest invites local organizations and groups to design, create and assemble a scarecrow and offers them a chance to get their name in front of the 1,000+ people that visit the Harvest Home Festival. It’s a creative, fun way to align with the mission of Community Harvest Project and help support hunger relief in central Massachusetts.

To enter a team, go to Community-Harvest.org/events for more information, fill out the registration form and start designing!

The festival will feature a 5K trail run, good food, local beer and wine, live music from Big Jon Short, apple cannons, pumpkin catapaults, a scarecrow contest, petting zoo, kids crafts and more. The 5K race kicks off at 10:30 a.m. and the festival will run from 11am to 3pm (rain or shine). To register for the 5K visit Community-Harvest.org/events. All proceeds from this event will go towards supporting CHP’s mission of hunger relief.

Milford Area Chamber of Commerce Events

AREA The Milford Area Chamber of Commerce (MACC) will be holding the following events. To register visit MilfordChamber.org, email info@milfordchamber.org, call 508-478-6700 or stop by the offices, 258 Main Street, Suite 306, Milford.

PULSE: Patriots Watch Party, Thursday, October 10, at 5 p.m. Southside Bar and Grill, 146 Main St. Milford.

MACC Match on Friday, October 11, at 11:45 a.m., Alumni Restaurant, 391 East Central St., Franklin.

CWII’s Open House, Wednesday, October 23, at 5 p.m., Canvas ’n Cup, 189 South Main St., Milford.

Business After Hours, Thursday, October 24, at 5 p.m., Urban Air, 189 Mechanic St., Bellingham.

Business After Hours, Tuesday, November 12, at 5 p.m., Marshall’s Jewelers, 191 Mechanic St. Bellingham.

30th Annual Silent Auction: Viva Las Vegas, Saturday, November 16, at 6:30 p.m., the Milford Portuguese Club, 119 Prospect Heights, Milford.

St. Camillus Craft Fair

WHITINSVILLE: St. Camillus Health Center, 447 Hill St., Whitinsville, will be holding its 2nd annual Craft Fair in the Mansion and Chapel located adjacent to the skilled nursing building on Saturday, November 16, from 10 a.m. to 3 p.m. Vendors who wish to participate must register by October 31. All proceeds will go to the purchase of a new 14 passenger handicap accessible van for the residents. For more information or to register call Shelly at 508-234-7368.

Friends of Milford Town Library Book Sale

MILFORD—The Friends of the Milford Town Library will be holding their semiannual book sale on Saturday, October 26, from 10 a.m. to 3 p.m. Members of the Friends may also participate in the sale on Friday, October 25, from 4 to 7 p.m. Memberships are $10 per year and may be paid at the door.

Thousands of books are available: bestsellers, mysteries, classics, books on history, investing, hobbies and crafts, and children's books. Audio books, CDs, DVDs, and puzzles are also available. In the adult section, prices are $2 for mass-market (small pocket-size) paperbacks and $1 for hardcovers and trade (large-sized) paperbacks. All children's books are 25¢.

This is a great chance to gather books for winter and vacation reading, entertaining visiting grandchildren, or to lower the cost of required school assignments. Find recreational and reference materials for both adults and children, textbooks for home schooling, possibly a favorite out-of-print title you’ve been searching for or a copy of the classic storybook that was lost in a move; all while helping the Friends fund programs, museum passes and materials for the Library.

To donate items please bring them to the Milford Town Library before the sale. Textbooks more than five years old and Readers Digest condensed books are not accepted.

Shred Your Docs. Then Shred the Trails.

Have a pile of confidential papers that need shredding? Come to Charles River Bank and we will shred it for you. It’s a great way to clear the clutter while protecting your personal information.

Saturday, November 2nd

10 am to 1 pm

All Charles River Bank locations

Once you’ve gotten rid of your pile of papers, you can win a chance to have some fun in a pile of money.

Stop by during our Shred Day event and enter to win a $500 Massachusetts COW card, as well as other great prizes. Plus, everyone who visits will receive a free Charles River Bank pom-pom hat (while supplies last).

St. Camillus Craft Fair

WHITINSVILLE: St. Camillus Health Center, 447 Hill St., Whitinsville, will be holding its 2nd annual Craft Fair in the Mansion and Chapel located adjacent to the skilled nursing building on Saturday, November 16, from 10 a.m. to 3 p.m. Vendors who wish to participate must register by October 31. All proceeds will go to the purchase of a new 14 passenger handicap accessible van for the residents. For more information or to register call Shelly at 508-234-7368.

Friends of Milford Town Library Book Sale

MILFORD—The Friends of the Milford Town Library will be holding their semiannual book sale on Saturday, October 26, from 10 a.m. to 3 p.m. Members of the Friends may also participate in the sale on Friday, October 25, from 4 to 7 p.m. Memberships are $10 per year and may be paid at the door.

Thousands of books are available: bestsellers, mysteries, classics, books on history, investing, hobbies and crafts, and children's books. Audio books, CDs, DVDs, and puzzles are also available. In the adult section, prices are $2 for mass-market (small pocket-size) paperbacks and $1 for hardcovers and trade (large-sized) paperbacks. All children's books are 25¢.

This is a great chance to gather books for winter and vacation reading, entertaining visiting grandchildren, or to lower the cost of required school assignments. Find recreational and reference materials for both adults and children, textbooks for home schooling, possibly a favorite out-of-print title you’ve been searching for or a copy of the classic storybook that was lost in a move; all while helping the Friends fund programs, museum passes and materials for the Library.

To donate items please bring them to the Milford Town Library before the sale. Textbooks more than five years old and Readers Digest condensed books are not accepted.

Shred Your Docs. Then Shred the Trails.

Have a pile of confidential papers that need shredding? Come to Charles River Bank and we will shred it for you. It’s a great way to clear the clutter while protecting your personal information.

Saturday, November 2nd

10 am to 1 pm

All Charles River Bank locations

Once you’ve gotten rid of your pile of papers, you can win a chance to have some fun in a pile of money.

Stop by during our Shred Day event and enter to win a $500 Massachusetts COW card, as well as other great prizes. Plus, everyone who visits will receive a free Charles River Bank pom-pom hat (while supplies last).

St. Camillus Craft Fair

WHITINSVILLE: St. Camillus Health Center, 447 Hill St., Whitinsville, will be holding its 2nd annual Craft Fair in the Mansion and Chapel located adjacent to the skilled nursing building on Saturday, November 16, from 10 a.m. to 3 p.m. Vendors who wish to participate must register by October 31. All proceeds will go to the purchase of a new 14 passenger handicap accessible van for the residents. For more information or to register call Shelly at 508-234-7368.
**2nd Annual Milford High Hopes 3 Mile Run/Walk**

**MILFORD**-The 2019 Milford Pumpkin Stroll, featuring a pumpkin-carving contest and trick-or-treating, is Saturday, October 26, at the DCH Toyota of Milford, 300 Fortune Blvd. Pumpkin carvers are asked to drop off entries between 4:30 and 5:30 p.m. Prizes will be awarded to those who are present at 5:45 p.m. for the scariest, funniest and most creative pumpkins. Children are invited to trick-or-treat from 6 to 7:30 p.m. All pumpkin entries will be illuminated and on display during this time.

All events are free, but donations of non-perishable food items for the Daily Bread Food Pantry are welcome.

The Pumpkin Stroll is sponsored by Mike Shain of Bay Equity Home Loans, DCH Toyota of Milford, Medway Oil and Propane, Goldfish Swim School, Milford YMCA and Affordable Junk Removal. For more information, call 508.330-8487 or email mhsahq@bqeq.com.

**United Parish Holiday Bazaar**

UPTON-United Parish of Upton is planning their festive annual Holiday Bazaar for Saturday, December 7. Bigger and better than ever, with more vendors and more space to visit! Santa applications are available now at www.UnitedParishOfUpton.org.

**Mount Hollis Lodge Craft Show**

HOLSTEIN—Mount Hollis Lodge in Upton will hold its first annual Craft Show on Saturday, October 5 from 10 a.m. to 3 p.m. at 25 Willow St. Eight local artists, including quilt makers, calligraphers, stained glass artists, creators of handmade jewelry, stone crafters and more will be featured. Proceeds will benefit part of the restoration efforts on the historical building where the event takes place.

**Living with the Ribbon**

MENDON—Living with the ribbon is a Mendon based non-profit which aims to offer scholarships to students pursuing higher education in healthcare; provide research grants to assist cancer research; support families in need of child care; and provide local teen support with assisted living or group homes. During the first week of the month, a bag of clothing is $7. Open every Thursday, 9 a.m. to 3 p.m.; the first and fourth Saturdays from 10 a.m. to 2 p.m.; and Sundays from 9 a.m. to noon.

**Alzheimer’s/Dementia Friendly Worship Service**

MILFORD—First Congregational Church of Milford will be holding a worship service on Sunday, October 13, at 10 a.m. with proceeds to benefit Upton’s Doors of the handicap accessible venue open at 1:30 p.m.; no reserved seating. The Upton Cultural Council is a local agency funded by the Massachusetts Cultural Council, a state agency.

**Free Jazz Ensemble Concert**

UPTON—The Upton Cultural Council will present a free concert featuring The United States Air Force Heritage of America who will present Rhythm in Blue Jazz Ensemble on Sunday, October 6 at 2 p.m. in the Upton Town Hall. Rhythm in Blue features the diverse talents of 15 professional musicians whose commitment to excellence has earned regional and national recognition. The band incorporates a wide repertoire of jazz and fusion, from big band swing to cutting-edge contemporary music. The event is free. Refreshments will be available for purchase and donations will be accepted with all proceeds benefitting Upton’s VFW in its effort to replace the aging floor in the VFW building. For more information, email culturalcouncil@uptonma.gov or visit HeritageofAmericaBand.com.

**Friends of Mendon Elders Oktoberfest**

MENDON—Friends of Mendon Elders Annual Oktoberfest will be Friday, October 25, from 5 to 8 p.m. and Saturday, October 26, from 9 a.m. to 2 p.m. This traditional event, which is open to the public, features a traditional white elephant table, beautiful handmade knits and crafts, jewelry, and holiday decorations. Proceeds will help to support the Senior Center programs and services.

**Blackstone Valley Chamber of Commerce**

AREA-The Blackstone Valley Chamber of Commerce will be holding the following events. For more information or to register visit BlackstoneValley.org, email administrator@blackstoneValley.org, call 508-234-9090 or stop by the chamber office, 670 Linwood Ave. Bldg A, Suite 5, Whitinsville.

Find More Hours to Have Better Control workshop, Wednesday, October 9 from 8 a.m. to noon at Millbury Federal Credit Union, 50 Main St., Millbury.

Maximizing Social Security and Managing Healthcare Costs in Retirement workshop, Thursday, October 10 from 10 a.m. to 1 p.m. at the Charles F. Minney VFW Post, 16 South Main St., Millbury.

Connecting Your Business to the Commonwealth free workshop, Tuesday, October 22 from 9 to 11 a.m., Chamber offices.

Supplier Diversity Office (SDO) Pre-Certification free workshop, Tuesday, October 29 from 9 to 11 a.m., Chamber offices.
Thanks from the Upton Center

The Upton Center thanks the many groups and individuals who have helped out recently. Among those whose efforts have been appreciated are Upton Town Manager Derek Brindisi for hosting a regular schedule of breakfasts, Bonnie Lopez for providing Fire Safety information and the Upton Men’s Club for hosting their regularly scheduled suppers.

Bair Gives Selectmen Update on Historical Society

By Michelle Sanford
Staff Reporter/Columnist

Upton Historical Society President Tom Bair provided the Board of Selectmen an update on the Society’s latest activities as well as its space needs and how they might be affected by the downtown revitalization project. The discussion took place during a September 17 meeting.

The Historical Society and the Historical Room Museum are located on the second floor of the Knowlton Risteen Building. Bair began his 20-minute presentation with information on the energy use of the building, which also houses the Library.

During the winter of 2016 – 2017, Bair stated a temperature survey in the building revealed a number of temperature areas were unnecessarily heated when not occupied. As a result, 13 automatic setback thermostats were purchased by the Library and installed by Bair throughout the building in March 2018. “The gas usage dropped significantly,” said Bair.

Over the last year, the Historical Society began the arduous task of taking inventory of all its documents, books, scrapbooks, and journals acquired prior to 2002; the year a database system then began to be utilized.

“We have 150 scrapbooks and one of our volunteers came in and indexed all the articles in 150 scrapbooks,” said Bair, noting the inventory efforts are an ongoing process and volunteers are welcome to assist.

In addition, nearly 70 VHS tapes were indexed with the Upton Historical Commission offering to fund the conversion of some of those tapes. The tapes were converted to DVDs and MP4 files formats so they are easily accessible to residents. To date, 21 of the VHS tapes have been converted to digital format.

Bair also reported staff at the Historical Museum spent nearly four months on the creation of a new exhibit that focuses on the hat industry and highlights the hat companies that operated in Upton.

Over the first few days of it’s opening, Bair estimated approximately 50 people came to see the exhibit. “They were really thrilled with exhibit and meeting other people who worked in the factories as well.” The exhibit will continue to be on display during the museum’s regular hours.

When speaking about the Historical Society and museum’s space, Bair said they are trying to keep abreast of what impact it may have on their area should the downtown redevelopment initiative move forward.

The rooms that currently occupy the Historical Society, including the museum, the archive room plus storage space on the second floor; total 2,350 square feet.

Bair said the current arrangement of the rooms has resulted in “a lot of intermingling,” of museum, office, research, and storage functions in those rooms. As a result, he took an inventory of every item and its space needs and developed new floor plans that would help reorganize the uses of the current space.

The Selectmen thanked Bair for his presentation noting the information on the Historical Society’s space needs were very helpful.

Helping a Good Cause

Upton Police Officer Matthew Rankins and Sergeant Lisa Barry were selling Upton town badges at the Heritage Day on Saturday, September 28. Proceeds go to Olivia’s Milford Cancer Fund to help those with the disease. Harry Platcow photo
**Upton Town Library**

2 Main St, Upton • 508-529-6272 • uptonlibrary.org
Tu, Wed, Th, Fri, Sat 9-4, Sun & Mon closed

---

**HOMEMAKERS/PC AIDES WANTED**

Part Time Jobs
Flexible Hours
MUST HAVE CAR
Work in Milford, MA area
Call PRIMARY HOME CARE at (508) 478-3500 for more information

---

**Rep. Muradian’s Office Hours**

State Representative David Muradian’s office will hold office hours at the Upton Center on Thursday, October 10 at noon. Stop by to discuss any concerns.

---

**Upton Center Offering Rides to Concert**

The Upton Center is offering free van rides to seniors who are attending the Sunday, October 6 free concert at the Town Hall. Interested seniors must call the Upton Center at 508-529-4558 by noon on Friday, October 4 to reserve their ride.

---

**List of Events**

- **Strength and Stretch**, 10 a.m.
- **Library Card**
- **Knit and Crochet Group**, 10 a.m.
- **Canasta**, 12:30 p.m.
- **Library Table**, 11 a.m.
- **Computer Class**, 9 a.m.
- **Mindfulness & Meditation w/Robin**, 10 a.m.
- **Men’s Club Supper**, 5:30 p.m.
- **Trip to Franklin Farmer’s Market**, 12:30 p.m.
- **Please Call for Appointment**
- **SHINE Appointments**, 9 a.m. to 12 p.m.
- **BVT Salon Visit**, Depart 8:45 a.m. for 9 a.m.
- **Brain Healthy Cooking Demo with Northbridge**, 9 a.m.
- **Job Lots, Foppema’s, Walmart Loop**, Shopping Trip to Salvation Army/Shaw’s, Wednesday, October 16
- **Craft Time with Betty**, 10:30 a.m.
- **Upton Center Closed for Columbus Day**
- **Shopping Trip to Market Basket, Oxford**, Nutrition Talk with Wendy, 10:45 a.m.
- **Visit the Hat Industry Exhibit**, 10 a.m.
- **Library Book Discussion Groups**
- **Teen Group**
- **Council on Aging Meeting**, 10:30 a.m.
- **Leaf Peeping with Ranger Viola at West Hill Dam, 12:30 p.m.**
- **Visit the Hat Industry Exhibit**, 10 a.m.

---

**Library Book Discussion Groups**

- **Regional High School students will hold a Spanish storytime on October 24 about colors (colores).**
- **Visit the Library**
- **Shallotte Storytime**
- **Lego Club**
- **Teen Group**
- **Preschool Storytime**
- **Library Book Group**
- **Library Card**
- **Storytime on October 4 with a theme of fall and leaves.**
- **Teen Group**
- **Upton Center Offering Rides to Concert**
- **Library Book Discussion Groups**
- **Teen Group**
- **Council on Aging Meeting**
- **Leaf Peeping with Ranger Viola at West Hill Dam, 12:30 p.m.**
- **Visit the Hat Industry Exhibit**, 10 a.m.
Miscoe and Nipmuc Action Plans

"This is a challenge, because there are so many platforms and so many ways to communicate. We don't want to send mixed messages," he said.

Miscoe's third objective is to align practices to the MURSD Portrait of a Learner competencies. Moran told the Committee that the administrators and teachers plan to work on "reevising and reassigning lessons and units to more real-world inquiry and inquiry." 

Marshall said that they have challenged the teachers to look at their curriculum to see where hands-on exploration can be embedded into lessons to bring about that connection for their students. At Nipmuc, this year it will be about focusing on the "pay it forward" mindset. Books will be on display from September 30 until October 27 at 2 p.m. and October 27 at 2 p.m. in the Nipmuc auditorium. Tickets are $7 for seniors and students and $10 for adults.

Nearly 60 students are performing or are members of the inaugural class to be inducted in the Nipmuc Regional High School's main office. All nominations must be received by December 1 for information or volunteer for the committee, contact Athletic Director Chris Schmidt at 508-529-2138 or cschmidt@

School News

EFIGENIA CLEANING
HOMES & OFFICES

GENERAL, COSMETIC & IMPLANT DENTISTRY

General, Cosmetic & Implant Dentistry
37 Birch Street / Milford, MA / 508.473.4999
Since 1850
Six Generations serving the Blackstone Valley
CARR
Funeral Home

By Melissa Orff
Staff Reporter/Columnist
School officials from Miscoe Hill and Nipmuc Regional High Schools presented their action plans for the 2019/2020 school year on September 23 at the School Committee Meeting.

Working off of the district's overall strategic objectives, the schools each developed their own individual objectives, many of which focused on social emotional learning, communication, and providing learning adventures for all students.

Miscoe's Assistant Principal Paul Marshall presented the middle school's strategic objectives to the Committee.

Their first objective is to support Social Emotional Learning (SEL) by improving school climate and culture through "revising the code of conduct, using alternatives to exclusionary discipline and providing professional development and training to improve classroom management and support engaging instruction." 

"We are teaching kids through all of their experiences," said Marshall. "And we are focusing on how to teach kids through all of these experiences." 

Their second objective is to "engage the community as partners in learning." Marshall said that they plan to create consistent, proactive communication practices to inform and engage students, staff, administration, guardians, and community members.

CPR Etc.

CPR, AED, First Aid Training
Bloodborne Pathogen
On-Site Training
Companies • Schools • Private (in-home)
No Class Too Small • Any Time, Anywhere

Susan Tetreault
508-473-3630
cpr etc@comcast.net

CORPORATE WEBSITES

OCTOBER 4, 2019

Upton-Mendon Town Crier
WE CAN Miscoe Shoe Drive Fundraiser

WE CAN Miscoe is conducting a shoe drive fundraiser through mid-November to raise funds for WE CAN projects and grants. WE CAN Miscoe will earn funds based on the total weight of the pairs of gently worn, used and new shoes collected for Funds2Orgs. Those dollars will benefit WE CAN Miscoe projects and grants. Anyone can help by donating gently worn, used and new shoes. Collection boxes will be in each school lobby: in Mendon at Miscoe Hill School and Henry P. Clough Elementary; and in Upton at Memorial Elementary and Nipmuc Regional High School. Collection boxes will also be available at the Tal Free Public Library in Mendon and the Upton Town Library.

All donated shoes will then be redistributed throughout the Funds2Orgs network of micro-enterprise (small business) partners. Funds2Orgs works with micro-entrepreneurs in helping them create, maintain and grow small businesses in developing countries where economic opportunity and jobs are limited. Proceeds from the sales of the shoes collected in shoe drive fundraisers are used to feed, clothe and house their families.

Valley Tech LPN Program Number 3 in Massachusetts

Blackstone Valley Tech’s (Post-Secondary) Practical Nursing program recently ranked third in the state of Massachusetts by PracticalNursing.org, an organization that promotes the growth of nursing professionals through education.

PracticalNursing.org assessed 18 nursing school programs in Massachusetts in its sixth annual Nursing Program Rankings. Their ranking methodology focused on the National Council Licensure Exam (NCLEX-PN) first time pass rates for the previous five years were analyzed, weighted, by year, and averaged together. Blackstone Valley Tech Practical Nursing program received an overall score of 94.10 and averaged together. Blackstone Valley Tech Practical Nursing program was established in 2009 to help men and women make the leap into career pathways in nursing. To accommodate non-traditional students who are balancing personal and professional commitments, the program utilizes a non-traditional schedule: classes meet for six hours per week as the British and Colonial troops, reenactors of the 85ème Régiment de Saintonge battle for ownership of the property’s cider mill.

“We are always looking for ways to engage our students in the curriculum with relevant real-world opportunities, and to establish professional relationships with passionate, dedicated groups outside of BVT who can enhance educational outcomes for our students. The Battle for Daniels Farm is a tremendous example of that engagement,” said BVT Academic Curriculum Coordinator, Edward Evans III.

Camps are open to the public from 10 a.m. to 4 p.m. both Saturday and Sunday. Battle reenactments at 2 p.m. on both dates followed by demonstrations. There will also be artillery, musket and cooking demonstrations; blacksmithing; medical practices; rope making; tinsmiths; and period music. The late 18th century house and cider mill will be available for tours. Tickets are $8 per day or $10 for a two-day pass, while those under 12 are free. Two day passes for BVT family, teachers, and staff is $5. Thanks to NESDEC funding, the first 100 BVT students with IDs are admitted free. Free parking will be at JFK Elementary School, 200 Lincoln St., Blackstone. Continuous shuttles run from 10 a.m. to 4 p.m.

Hot dogs, hamburgers, sausage with onion and peppers, drinks, and assorted baked goods can be purchased. Period vendors will also be selling their wares. For more information, visit ValleyTech.k12.ma.us/LivingHistoryEvent

State Middle Level Art Educator of the Year

By Melissa Orff Staff Reporter/Columnist

Miscoe Hill Art Teacher Jonathan Hansen has been named the 2020 Massachusetts Middle Level Art Educator of the Year by the Massachusetts Art Education Association. Each year, the Massachusetts Art Education Association (MAEA) recognizes individuals who have made a significant contribution to the field of Art Education in the state. Art teachers are nominated in different categories by their peers for their “outstanding personal and professional accomplishments and achievements.”

“Recipients exemplify highly qualified individuals active in the field of art education today: leaders, educators, students, scholars, researchers, and advocates who make significant contributions to the profession,” read the letter sent to Hansen announcing his award.

“Mr. Hansen is not only a talented artist; he is also a talented teacher,” said Miscoe Principal Jennifer Mannion. “Humility is one of his many strengths, so like many of our educators, he quietly goes about doing outstanding work in the classroom.”

Mannion credited Hansen’s use of technology in the classroom and his management style as reasons why the award from MAEA was well deserved.

“He supports students in reflection on their own growth and encourages students to push themselves as artists and human beings,” she said. “Although he is not in it for the accolades, it is wonderful to see his work honored this way.”

Hansen has been an Art Teacher in the Mendon Upton Regional School District for the past 16 years. He currently teaches 7th and 8th grade art classes as well as several after school enrichment courses including Art Club, Tabletop gaming, model making and cartooning.

The seasoned teacher said that he has a “unique style and approach to art education.”

“Recipients exemplify highly qualified individuals active in the field of art education today: leaders, educators, students, scholars, researchers, and advocates who make significant contributions to the profession,” read the letter sent to Hansen announcing his award. “He is an active artist, receiving commissions for watercolor paintings of beloved pets. His work can be found on his Instagram page @jonhansenwatercolors. Hansen has been formally presented with the Middle Level Art Educator of the Year award at the MAEA conference at the Montserrat College of Art on November 9.”

OCTOBER 4, 2019 Upton-Mendon Town Crier 23
BVT Football Looks to Overcome QB Injuries

Blackstone Valley Tech is down two of its last two quarterbacks, but the Beavers were able to weather the injuries at the vital position last weekend in a 42-7 win over Bay Path and will need to keep playing well with little margin for error to secure a playoff berth.

Starting quarterback Angelo Cardarelli is out for the season and backup quarterback Josh Mateo is also expected to miss time, so head coach Jim Archibald decided to move Ethan Lynch to quarterback along with wide receiver Tom Puda.

Valley Tech did not air it out in the Bay Path win. The signal callers combined to throw just two passes and one was intercepted, but Archibald praised the way both quarterbacks ran the offense.

“We are going to keep going in every day preparing to work hard and work on some of the technical things with these quarterbacks,” he said. “We are going to have open communication; we want them to do what they are comfortable doing” Lynch, a converted running back, ran in a pair of first quarter touchdowns for the Beavers. J.D. Antaya added three scores of his own on the ground and Carl Muanza capped off the scoring with a one-yard run in the third quarter.

“We may have more QB runs than we would have planned going into the year, but our line is playing well and our back are good enough to do different things that don’t involve throwing the ball downfield,” Archibald said.

There may be more pressure on the defense as well as the offense works out some of its challenges. Against Bay Path, sophomore Troy Howe made eight tackles in his first varsity start. Junior Cam Gallagher added eight-and-a-half tackles of his own and defensive lineman Joe Furno was a disruptive force up front, Archibald said.

“We were able to get into the back field, get out hands up and force some turnovers,” the coach said, noting that his team forced five turnovers in total in the lopsided win.

At 2-1 after a loss to Leicester in Week 2, the Beavers can ill afford more than one loss the rest of the regular season if they want to secure a spot in the tournament. They host Worcester Tech on Saturday at 2 p.m., a team led by a new coaching staff.

“If we can be physical and set the tone offensively and defensively, it’ll be another good game and we will have a good shot,” Archibald said. “The playoffs will all come down to the last weeks of the season. A 5-3 record is going to be cutting it close, I’m not sure that’s going to do it. If we are 6-2, I think that gets us in.”

Colabello Shines in Olympic Qualifier

Milford High School graduate Chris Colabello was one of the stars of the WSBC Olympic qualifying tournament for Europe and Africa, pounding opposing pitching even after taking a fastball to the face.

Colabello suffered a non-displaced fracture after being hit by the pitch with his Italian national team tied 2-2 with Israel. His father said doctors had trouble stopping the bleeding and his doctor suggested he take the rest of the tournament off. Donning a black protective mask, Colabello returned to action and hit a home run the next day.

“We were able to get into the back field, get out hands up and force some turnovers,” the coach said, noting that his team forced five turnovers in total in the lopsided win.

At 2-1 after a loss to Leicester in Week 2, the Beavers can ill afford more than one loss the rest of the regular season if they want to secure a spot in the tournament. They host Worcester Tech on Saturday at 2 p.m., a team led by a new coaching staff.

“If we can be physical and set the tone offensively and defensively, it’ll be another good game and we will have a good shot,” Archibald said. “The playoffs will all come down to the last weeks of the season. A 5-3 record is going to be cutting it close, I’m not sure that’s going to do it. If we are 6-2, I think that gets us in.”

Do you have a story you want to share? Send it to TownCrierEditor@gmail.com
Bigger Numbers Bring a New Focus For Nipmuc Girls’ XC

By Chris Villani
Sports Reporter/Columnist

A season ago, the Nipmuc girls’ cross country team did not have enough healthy runners to be able to compete in the Dual Valley League championships. This year, that’s not an issue, and some of the team’s top runners are competing with and beating the more experienced competition.

“It’s been a really fun time, it feels like things are moving more quickly than I might have anticipated,” said head coach Justin Townsend. “We are still young, there are still some growing pains, but it’s easy to forget they are so young because they are working so hard.”

This year’s team has 11 runners and several of the Warriors’ youngest athletes are among their strongest. Freshman Emma Nadolski was listed on a running website as one of 10 runners in the state to keep an eye on this fall and, Townsend said, “with good reason.”

“She is already ahead of where she was last year,” he said. “There are some big things that are going to happen for her.”

Sophomore Victoria Wood, a transfer, broke 24 minutes in her first home meet but Townsend said she could be breaking 21 minutes by the end of the season. “A bunch of our girls have big, big potential,” the coach said.

Sophomores Clara Scott and Emily Morehouse have also gotten off to good starts this fall. Scott is coming off of strong indoor and outdoor track seasons during her freshman year and Townsend said that, once Morehouse finds her groove, the team will have a solid one through four.

The performances have been enough to get Nipmuc out to a 3-1 start on the dual meet season. It may not happen this fall, but challenging for the DVC title is something that is on Nipmuc’s radar.

“A lot of our goals have already been met,” Townsend said. “I always want the kids to enjoy the sport first and fall in love with the process of getting better. I think that’s happening, that’s happening every day.”

Townsend said he also wants his team to focus on “acting more like a cross country team,” and said he has been impressed with the maturity of his young squad and a program that is in its second year after being long dormant.

“We are warming up the right way, taking care of our bodies the right way,” he said. “We are looking like a cross country team.”

BVT Field Hockey Hosts ‘Stick It To Cancer’ Game Monday

By Chris Villani
Sports Reporter/Columnist

The Blackstone Valley Tech field hockey team will host a fundraiser to benefit the Dana-Farber Cancer Institute and the Jimmy Fund when it hosts its “Stick It To Cancer” game Monday, October 7.

The tilt against Monty Tech is slated for 3:30 p.m. Monday afternoon and aims to raise funds for the Jimmy Fund and pediatric cancer research and treatment. The Beavers will stray from their typical purple colors just a bit and wear pink shirts and pink socks in honor of October being Cancer Awareness Month.

The team is looking to do more than raise awareness. BVT players are accepting donations online at DanaFarber.JimmyFund.org/goto/stickittocancer or through cash or check donations. Checks can be made out to Dana Farber or “The Jimmy Fund.”

Head coach Laurie Borek said Dana Farber has made given out a number of prizes and fun swag for people who support the fundraiser, including wrist bands, pens and Chapstick.

The game has significance beyond the fundraiser. BVT will be hosting Monty Tech, a team it tied the first time the two played and the Beavers’ chief rival when it comes to claiming the Colonial Athletic League crown.

Season Tickets* NOW available.
Plan six date nights with your partner. Or come solo or with a group!

The Claffin Hill Symphony Orchestra’s 2019-20 Season

**Concert I: Celestial Aspirations**
Saturday, November 9, 2019

**Concert II: Holiday Pops 2019!**
Saturday, December 7, 2019

**Concert III: Music of Mother Russia**
Saturday, February 8, 2020

**Concert IV: Favorite Destinations**
Saturday, March 7, 2020

**Concert V: Family Symphony Matinee**
Sunday, March 29, 2020 at 3 p.m.

**Concert VI: To Infinity & Beyond!**
Saturday, April 11, 2020

*Six symphony concerts for ONLY $150*
Just $99 Student/Senior/Veteran. Discounts available for CBSO members. Details at www.claflinhsb.org

Call 508.478.5924 to reserve YOUR season tickets!

Complete details at www.claflinhill.org
Sports

Nipmuc Boys XC Eyeing League’s Best

By Chris Villani
Sports Reporter/Columnist

The Nipmuc Regional High School boys’ cross country team won its first two dual meets this season and head coach Richard Auger is hoping his team can run with the top squads in the Dual Valley Conference. “I have high hopes,” Auger said. “We will see what happens when we go against Hopedale and Whitinsville Christian, they are two of the top teams around, but our main goal is to get to the districts and get our team to the states.”

In order for that to happen, Nipmuc would need to finish in the top-three in the district meet and potentially have to beat at least one of its league rivals.

Dan DeZutter has been the top runner for the Warriors so far this fall, completing the 5K distance in less than 17 minutes. “Dan is running really well, he has really established a good time,” Auger said. Tomas Brockett-Delgado has also returned in stellar form. “He has improved a lot,” Auger said. “Those two worked really hard over the summer and it has paid off. I am very, very pleased with those two athletes.” Brett Hackenson and Owen Brigham have added depth to the Nipmuc lineup. Hackenson paired up with DeZutter and Brockett-Delgado to finish 1-2-3 in a dual meet against Blackstone Millville Regional. Freshman Ronan Joyce has also impressed his coach and could help give Nipmuc the depth that would be crucial to competing for a top spot at the districts and a berth in the state meet. “Right now, it’s hard to tell just from looking at the times that Hopedale and Whitinsville Christian have been running,” Auger said. “I think Dan can stay with Whitinsville’s top guy and beat Hopedale’s number one, but it’s going to be about where our other guys end up.” Based on the early performances, Auger said the state meet is within reach. “That’s what I’m hoping for,” he said. “We will still have to run against Whitinsville Christian and Hopedale when we go to the districts in Gardner, but we can probably get this team to the states.”

Nipmuc Football Earns Shutout Ahead of Road Stretch

By Chris Villani
Sports Reporter/Columnist

Facing a stretch of four road games in five weeks, the Nipmuc football team made the most of its second to last regular season home game by beating Sutton 38-0 last Saturday.

The Warriors rolled on both offense and defense despite losing senior Nate Gould, arguably the team’s biggest weapon on both sides of the ball, to a season-ending knee injury. “The win was good for the kids, they have been hanging in there and continuing to work hard despite a tough start to the season,” said head coach Dave Tupper. “Losing Nate was a tough blow for us, we had a lot built around him, but the kids have stayed determined.”

Nipmuc will need to spread the ball around more than expected without Gould and was able to do so against Sutton. Rich Broni ran for more than 130 yards and scored three touchdowns, breaking off a 60-yard score in the second half. Quarterback Judah Dishington tossed a pair of touchdown passes to Joe Cormier.

The duo connected on a 19-yard score in the first quarter and a 65-yard strike in the second. “Joe is a talented athlete,” Tupper said. “We will utilize him and try to spread it around between Rich and Joe Schloski and with Juda throwing the ball.”

Nipmuc also put together a strong game on defense as it kept Sutton off the board, as well as in the kicking game. Connor Woods was a perfect 5-for-5 on extra point tries and added a 23-yard field goal in the second half.

The Warriors will turn their attention to a road game Friday, October 4, night against Tyngsboro, a team that features a high-powered offense that has scored 140 points over its first three games, all of which have been wins. “They are a really good team,” Tupper said. “They beat Littleton who beat us in the first game of the year. We have watched a lot of their game film and they are a talented team with a great quarterback.”

“They throw the ball all over the field,” Tupper added. “We are going to try to put together a plan to stop that.”

Nipmuc stays on the road for a Friday, October 11, showdown at St. Bernard’s before coming home for the final time in the regular season against Grafton and road games at Assabet and Blackstone-Millville/Hopedale. “There are no cakewalks,” Tupper said.
BVT Field Hockey Tops CAL at Midway Point

By Chris Villani
Sports Reporter/Columnist

Halfway through the 2019 season, the Blackstone Valley Tech field hockey team is atop the league standings and looking poised to claim the Colonial Athletic League crown if it can take care of business in the second half of the schedule.

“I would love to be able to clinch the CAL title this year because last year, toward the end of the season, we left it in someone else’s hands,” said head coach Laurie Borek. “We won’t want that to happen again.”

Entering the week, the Beavers had posted a 3-0-1 record in the league, with the lone tie coming against Monty Tech. BVT is slated to host Monty on Monday and a win would put the Beavers in the driver’s seat for the league.

Borek credited the teams strong start to the play of her three senior captains, each of whom has helped solidify a different part of the field. Forward Chloe Pigeon has been a consistent scoring threat for Valley Tech. Fellow senior Abigail Clark, a midfielder, is a similarly smart player who “sees the whole field” and has “terrific drives,” her coach said. Mary Martocci, the third captain, has been a stalwart at center defense. “She is holding the whole defense together,” Borek said. “Including our goalie, we have five strong defensive players and two great backups. So I feel our defense has terrific depth. We are halfway through the season and it is clicking as a unit. Borek had high praise for sophomore Ashley Hamelin, the Beavers’ goalie, who has pitched five shutouts with the help of the deep defensive unit.

BVT and Monty Tech played to a scoreless tie last time out, but with a total of 10 goals in two games. “With three ties, winning the Dual Valley Conference may be a challenge for Nipmuc,” Hadfield said. “A lot of guys on the squad right now were junior varsity players last year or role players last year. I need a significant amount of kids to step up to the next level and elevate their games.”

The pre-registration fee is $20 while race day registration is $25. The Kids Fun Run is $7, registration taken on race day beginning at 8 a.m. Visit UptonVFW.org/5k to pre-register, download a registration form, or for information.

Nipmuc Soccer Keeps Sights Set High

By Chris Villani
Sports Reporter/Columnist

No matter how many players might have been lost to graduation the previous year, Nipmuc head boys’ soccer coach Chris Hadfield said the goal is always the same. “We want to win another district championship and get back to the state finals,” Hadfield said. “It doesn’t change, it’s the same goal year after year.”

The Warriors improved to 5-2-3 on the season with a 4-1 win on Monday over Foxboro, a new opponent on this year’s schedule. Nipmuc is young this year, but improving. “We have had a couple of results that I don’t think we were happy with, but overall it’s going fairly well,” Hadfield said. “We have dropped some points to teams that I don’t think we should have, so it’s made for some frustration at times, but I think we are on the right track with a young team and reestablishing ourselves.”

Nipmuc is led by some veteran players, including four-year varsity player Alex Ott. “He is a man-marked guy,” Hadfield said. “In all of our games, he has been the focus of everyone’s attention but he is still producing, still scoring goals and creating chances for the team.” Bennett Morrill, a defensive midfielder, is another player with experience from last year when the Warriors captured the Central Mass. crown. Kyle Tewksbury and Tobias Genova have done well to help rebuild the Nipmuc defense, which has allowed fewer than three goals per game.

“I think we have all the ingredients we need, we just need experience,” Hadfield said. “A lot of guys on the squad right now were junior varsity players last year or role players last year. I need a significant amount of kids to step up to the next level and elevate their games.” With three ties, winning the Dual Valley Conference may be a challenge for Nipmuc, Hadfield said. He said Sutton appears to be the team to beat in the DVC, but the Warriors have a chance to come in second if they continue to improve.

“I think we need time to grow and get up to the pace of play and get connected with the guys who were here last year and already playing at a high level,” the coach said. “Each game it seems like they keep improving and getting to where we need to be to win a district championship.”

Upton VFW’s 10th Annual Run to Remember

Upton, Mass. (WJAR) – The Upton VFW Post 5594 will hold the 10th Annual Run to Remember 5k on Saturday, October 5, beginning at 9 a.m. at VFW Post 15 Milford St. (Rte. 140). The registration fee is $7, registration taken on race day beginning at 8 a.m. Visit UptonVFW.org/5k to pre-register, download a registration form, or for information.

Walkers are welcome on the 1.4-mile course, and children ages 2 – 10 are welcome for the Kids Fun Run. Each participant will wear the name of a veteran they wish to honor; however, the Post will stand ready to provide names if the runner does not personally know a veteran. The pre-registration fee is $20 while race day registration is $25. The Kids Fun Run is $7, registration taken on race day beginning at 8 a.m. Visit UptonVFW.org/5k to pre-register, download a registration form, or for information.

BVT Field Hockey Tops CAL at Midway Point

By Chris Villani
Sports Reporter/Columnist

Halfway through the 2019 season, the Blackstone Valley Tech field hockey team is atop the league standings and looking poised to claim the Colonial Athletic League crown if it can take care of business in the second half of the schedule. “I would love to be able to clinch the CAL title this year because last year, toward the end of the season, we left it in someone else’s hands,” said head coach Laurie Borek. “We won’t want that to happen again.”

Entering the week, the Beavers had posted a 3-0-1 record in the league, with the lone tie coming against Monty Tech. BVT is slated to host Monty on Monday and a win would put the Beavers in the driver’s seat for the league.

Borek credited the teams strong start to the play of her three senior captains, each of whom has helped solidify a different part of the field. Forward Chloe Pigeon has been a consistent scoring threat for Valley Tech. Fellow senior Abigail Clark, a midfielder, is a similarly smart player who “sees the whole field” and has “terrific drives,” her coach said. Mary Martocci, the third captain, has been a stalwart at center defense. “She is holding the whole defense together,” Borek said. “Including our goalie, we have five strong defensive players and two great backups. So I feel our defense has terrific depth. We are halfway through the season and it is clicking as a unit. Borek had high praise for sophomore Ashley Hamelin, the Beavers’ goalie, who has pitched five shutouts with the help of the deep defensive unit.

BVT and Monty Tech played to a scoreless tie last time out, but with a total of 10 goals in two games. “With three ties, winning the Dual Valley Conference may be a challenge for Nipmuc,” Hadfield said. “A lot of guys on the squad right now were junior varsity players last year or role players last year. I need a significant amount of kids to step up to the next level and elevate their games.” With three ties, winning the Dual Valley Conference may be a challenge for Nipmuc, Hadfield said. He said Sutton appears to be the team to beat in the DVC, but the Warriors have a chance to come in second if they continue to improve.

“I think we need time to grow and get up to the pace of play and get connected with the guys who were here last year and already playing at a high level,” the coach said. “Each game it seems like they keep improving and getting to where we need to be to win a district championship.”

Upton VFW’s 10th Annual Run to Remember

Upton, Mass. (WJAR) – The Upton VFW Post 5594 will hold the 10th Annual Run to Remember 5k on Saturday, October 5, beginning at 9 a.m. at VFW Post 15 Milford St. (Rte. 140). The registration fee is $7, registration taken on race day beginning at 8 a.m. Visit UptonVFW.org/5k to pre-register, download a registration form, or for information.

Walkers are welcome on the 1.4-mile course, and children ages 2 – 10 are welcome for the Kids Fun Run. Each participant will wear the name of a veteran they wish to honor; however, the Post will stand ready to provide names if the runner does not personally know a veteran. The pre-registration fee is $20 while race day registration is $25. The Kids Fun Run is $7, registration taken on race day beginning at 8 a.m. Visit UptonVFW.org/5k to pre-register, download a registration form, or for information.
By Chris Villani
Sports Reporter/Columnist

The Blackstone Valley Tech boys’ soccer team has been nothing short of dominant through the first part of the season, rolling to a 7-0 start and outscoring opponents by a combined score of 29-2.

“I would be lying if I said I expected to be 7-0, but we are off to a really good start with a lot of guys stepping up,” said BVT head coach Khalid Al-Haza.

Perhaps the biggest surprise for the Beavers is the fact that they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team. Senior Dominic Allegrezza is the only returning defensive player, but Al-Haza has shifted a number of other players into various positions as they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team.

The Blackstone Valley Tech boys’ soccer team has been nothing short of dominant through the first part of the season, rolling to a 7-0 start and outscoring opponents by a combined score of 29-2.

“I would be lying if I said I expected to be 7-0, but we are off to a really good start with a lot of guys stepping up,” said BVT head coach Khalid Al-Haza.

Perhaps the biggest surprise for the Beavers is the fact that they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team. Senior Dominic Allegrezza is the only returning defensive player, but Al-Haza has shifted a number of other players into various positions as they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team.

The Blackstone Valley Tech boys’ soccer team has been nothing short of dominant through the first part of the season, rolling to a 7-0 start and outscoring opponents by a combined score of 29-2.

“I would be lying if I said I expected to be 7-0, but we are off to a really good start with a lot of guys stepping up,” said BVT head coach Khalid Al-Haza.

Perhaps the biggest surprise for the Beavers is the fact that they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team. Senior Dominic Allegrezza is the only returning defensive player, but Al-Haza has shifted a number of other players into various positions as they have permitted only two goals through the first seven games after losing nearly the entire defense from last year’s team.